

(TASC) CODE OF CONDUCT

1. Remember to bring water to drink, this should be brought to the poolside and kept at your lane end for easy access. Swimming goggles and swimming caps are also recommended.
2. To accept responsibility to maintain a high level of fitness up to training days and selected competition, where possible.
3. To give adequate notification of any factors which may necessitate declining to participate in any element of the training programme.
4. To maintain a training log and submit the log for inspection at regular intervals, GOLD ONLY.
5. Parents are ONLY welcome on Poolside for the first 5 minutes and the last 5 minutes of every session. If you have any matters concerning your child that you wish to discuss with the Coach or Child Protection Officer, Please contact them on the Number's listed, Rona Gordon (Head Coach) Tel 07912853190 and Dot Dornan (Child Protection Officer) Tel 01408 633196.

PERSONAL APPEARANCE

1. This will be appropriate to the circumstances and as indicated by the Coach, inclusive of training weekends and competitions.
2. Team Kit and equipment as available shall be worn at all Competitions and as directed by the Coach.

BEHAVIOUR AND PERSONAL CONDUCT

1. Behaviour, personal appearance and personal conduct must be of a high standard at all times. Any other behaviour is unacceptable. TASC will now implement a 3 strike and you are out policy. There will be a warning prior to Strike 1 and parents will be informed of any Strike that has been put in place. (Strike 1), 2 weeks no swimming. (Strike 2), 4 weeks and (Strike 3) may only return when both Parent and Swimmer give assurance of Acceptable Behaviour.
2. Punctuality on all occasions is essential.
3. Language in public or relevant group situations must always be appropriate and socially acceptable.
4. Alcohol, non prescription drugs and tobacco product are forbidden for use by swimmers under age, as defined by law.
5. Up to date, written information on all medication and supplements being taken should be reported to the Coach.

SANCTIONS

The appointed Coach shall deal with breaches of the Code of Conduct in the first instance. He/She shall report any incident to the TASC Committee who may take such further action as is deemed necessary.

Please sign and return this attachment of the Code of Conduct

SWIMMER'S NAME:

ADDRESS:

CONTACT NUMBERS:

HOME:

MOBILE:

SWIMMER'S D.O.B:

PLEASE DISCLOSE ANY RELEVANT MEDICAL ISSUE THE CLUB
/COACHES NEED TO BE AWARE OF REGARDING YOUR CHILD:

Declaration: I confirm that I have read the above information and agree with the
Code of Conduct.

SWIMMER'S SIGNATURE:

PRINT NAME

DATE

Declaration: I confirm that I have read the above information and agree with the
Code of Conduct.

PARENT'S SIGNATURE:

PRINT NAME

DATE

(A copy of this Code of Conduct, will be retained at
Tain Swimming Pool)