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**Individual Meet Results**
**HST Timing Session 21-Jan-17 to 22-Jan-17 [Ageup: 31/12/2017] SC Meters**
**Location: Aquadome**
**TAIN ASC [NTNX]**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Elise Cosens (12) F</b>					
2:55.43S	T # 202	Female 200 IM	18	---	-10.44
2:38.64S	T # 204	Female 200 Free	22	---	1.79
1:38.68S	T # 206	Female 100 Breast	23	---	-6.59
5:37.76S	T # 208	Mixed 400 Free	25	---	0.88
2:50.83S	T # 302	Female 200 Back	18	---	-14.02
1:08.42S	T # 304	Female 100 Free	16	---	-6.90
1:26.55S	T # 306	Female 100 Fly	13	---	-8.26
6:15.29S	T # 308	Mixed 400 IM	14	---	---
<b>Iona Ferries (12) F</b>					
1:56.28S	T # 206	Female 100 Breast	58	---	---
1:43.16S	T # 304	Female 100 Free	72	---	---
<b>Luke Macaulay (15) M</b>					
1:40.83S	T # 107	Male 100 Breast	24	---	-1.14
1:26.04S	T # 201	Male 100 IM	18	---	---
1:25.15S	T # 207	Male 100 Back	15	---	---
<b>Olivia MacLeod (12) F</b>					
1:25.34S	T # 102	Female 100 IM	26	---	-6.13
1:32.36S	T # 104	Female 100 Back	41	---	-2.50
3:13.82S	T # 202	Female 200 IM	30	---	---
2:59.60S	T # 204	Female 200 Free	37	---	---
1:40.64S	T # 206	Female 100 Breast	26	---	-3.79
1:15.82S	T # 304	Female 100 Free	34	---	-6.73
1:34.40S	T # 306	Female 100 Fly	23	---	---
<b>Liam Macrae (11) M</b>					
1:59.53S	T # 107	Male 100 Breast	35	---	---
1:58.47S	T # 201	Male 100 IM	36	---	-14.78
DQ	T # 303	Male 100 Fly	---	---	---
1L 8.5 Not on surface during stroke (except during first 15m following start or turn)					
1:53.41S	T # 307	Male 100 Free	49	---	---
<b>Anya McNamara (11) F</b>					
1:42.40S	T # 102	Female 100 IM	55	---	-7.82
1:44.34S	T # 104	Female 100 Back	62	---	---
<b>Rosie Milligan (12) F</b>					
1:36.39S	T # 102	Female 100 IM	48	---	-0.17
1:39.56S	T # 104	Female 100 Back	54	---	---
1:23.75S	T # 304	Female 100 Free	51	---	---
1:49.99S	T # 306	Female 100 Fly	35	---	---
<b>Bailey Nelson (18) F</b>					
10:06.87S	T # 101	Mixed 800 Free	6	---	-66.56
1:14.68S	T # 104	Female 100 Back	8	---	-0.45
2:37.93S	T # 202	Female 200 IM	6	---	2.36
4:55.30S	T # 208	Mixed 400 Free	8	---	2.08
2:39.13S	T # 302	Female 200 Back	5	---	2.43
1:12.26S	T # 306	Female 100 Fly	2	---	1.86

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**Individual Meet Results**
**HST Timing Session 21-Jan-17 to 22-Jan-17 [Ageup: 31/12/2017] SC Meters**
**Location: Aquadome**
**TAIN ASC [NTNX]**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Marcus Ritchie (12) M</b>					
3:09.37S	T # 103	Male 200 Free	30	---	---
2:03.10S	T # 107	Male 100 Breast	38	---	-5.35
1:49.64S	T # 201	Male 100 IM	33	---	-2.46
4:19.86S	T # 203	Male 200 Breast	20	---	---
1:47.95S	T # 207	Male 100 Back	35	---	---
1:27.23S	T # 307	Male 100 Free	35	---	-7.02
<b>Eleanor Ross (11) F</b>					
1:32.71S	T # 102	Female 100 IM	41	---	-4.77
3:39.41S	T # 106	Female 200 Breast	20	---	---
1:25.70S	T # 304	Female 100 Free	55	---	-6.28
<b>Alison Wood (10) F</b>					
1:43.07S	T # 102	Female 100 IM	57	---	-7.67
1:43.50S	T # 104	Female 100 Back	60	---	---
1:39.54S	T # 304	Female 100 Free	70	---	---
<b>Claire Wood (13) F</b>					
1:30.25S	T # 102	Female 100 IM	35	---	-1.68
1:34.48S	T # 104	Female 100 Back	47	---	2.91
DQ	T # 202	Female 200 IM	---	---	---
7Q					
1:41.73S	T # 206	Female 100 Breast	29	---	-9.95
1:20.36S	T # 304	Female 100 Free	40	---	-3.71
1:48.37S	T # 306	Female 100 Fly	33	---	---
<b>Maree Wood (14) F</b>					
1:14.77S	T # 104	Female 100 Back	9	---	0.21
3:08.82S	T # 106	Female 200 Breast	5	---	-3.81
2:33.96S	T # 204	Female 200 Free	15	---	1.46
1:27.76S	T # 206	Female 100 Breast	9	---	1.22
2:41.57S	T # 302	Female 200 Back	8	---	1.76
1:08.46S	T # 304	Female 100 Free	17	---	-1.65
5:52.31S	T # 308	Mixed 400 IM	8	---	---

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

## Event 101 Mixed 800 SC Meter Freestyle Time Trial

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Lawrie, Brooke	16	Nairn District Asc	9:33.22	9:32.79
32.46 1:07.37 2:18.55 4:42.49				
2 Williams, Luke	17	Inverness Asc	9:32.00	9:40.09
31.92 1:07.08 2:19.32 4:44.14				
3 Budge, Isla	16	Swim Western Isles	9:42.10	9:55.11
32.63 1:08.26 2:22.12 4:53.54				
4 Hay, Katie	13	Inverness Asc	10:10.41	10:02.46
31.96 1:07.95 2:26.35 5:00.81				
5 Kerr, Hannah	16	Inverness Asc	9:57.25	10:03.78
33.09 1:09.48 2:24.56 4:57.59				
6 Nelson, Bailey	18	Tain Asc	11:13.43	10:06.87
33.52 1:10.46 2:26.87 5:01.23				
7 Wisely, Daisy	14	Inverness Asc	11:24.00	10:22.28
8 Coia-Gamble, Kaitlin	13	Inverness Asc	11:04.74	10:49.67
34.90 1:13.95 2:35.25 5:20.45				
9 Schulz, Jessica	13	Grantown Swim Club	12:38.35	10:57.13
10 Lyon, Ross	15	Inverness Asc	11:34.00	11:02.10
11 Armstrong, Lily	14	Forres Bluefins	11:14.70	11:04.54
12 Smith, Abi	14	Nairn District Asc	11:35.77	11:17.29
13 Bromham, Megan	11	Inverness Asc	12:47.17	11:59.07

## Event 102 Girls 100 SC Meter IM Time Trial

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Offer, Kathryn	25	Swim Western Isles	1:04.69	1:07.67
29.80				
2 Scott, Morven	16	Nairn District Asc	1:08.58	1:08.53
30.84				
3 Williamson, Lucy	16	Inverness Asc	1:12.48	1:12.20
33.46				
4 McDonald, Erin	17	Thurso A.S.C.	1:11.86	1:12.74
32.84				
5 Mckay, Aimee	16	Lochaber LC Swim Team	1:14.00	1:12.93
34.89				
6 Beattie, Louise	14	Inverness Asc	1:17.62	1:13.83
33.14				
7 Mackay, Alex	15	Thurso A.S.C.	1:16.95	1:14.07
34.10				
8 Doig, Lucienne M	16	Swim Western Isles	1:12.94	1:14.48
34.09				
9 Murray, Katie	17	Swim Western Isles	1:14.64	1:14.70
35.04				
10 Jackson, Millie	15	Lochaber LC Swim Team	1:17.69	1:17.30
36.75				
11 Clark, Evie-Jay	12	Lochaber LC Swim Team	1:19.59	1:17.77
36.08				
12 McMaster, Danielle	13	Grantown Swim Club	1:25.99	1:19.14
35.33				
13 Gordon, Siobhan	15	Lochaber LC Swim Team	1:18.32	1:19.27
36.86				

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

## - Time Trial ... (Event 102 Girls 100 SC Meter IM Time Trial)

Name	Age	Team	Seed Time	Finals Time
14 Fishenden, Emma 36.37	14	Wick Amateur Swimming Club	1:24.00	1:19.42
15 Reid, Anna 35.61	14	Nairn District Asc	1:24.19	1:19.64
16 Grant, Bethan 36.03	14	Nairn District Asc	1:24.34	1:20.21
17 Macdougall, Ellie-Kate 37.22	13	Inverness Asc	1:22.94	1:20.50
18 Murray, Rachel 38.48	13	Swim Western Isles	1:26.42	1:21.02
19 Lee, Erin 38.13	15	Inverness Asc	1:20.41	1:22.06
20 Valentine, Poppy 37.12	13	Lochaber LC Swim Team	1:19.31	1:22.22
21 Waudby-West, Freya 37.71	15	Inverness Asc	1:28.53	1:22.67
22 Morland, Scarlett 36.21	14	Unattached	1:21.44	1:22.89
23 Nellies, Morgan 36.32	14	Thurso A.S.C.	1:23.07	1:23.84
24 MacBean, Mairi 40.33	13	Inverness Asc	1:30.63	1:24.81
25 Murray, Melissa 39.03	16	Nairn District Asc	1:24.98	1:25.04
26 MacLeod, Olivia 40.05	12	Tain Asc	1:31.47	1:25.34
27 Martin, Rosie 39.15	13	Inverness Asc	1:29.50	1:25.47
28 Bromham, Megan 40.80	11	Inverness Asc	1:34.90	1:27.53
29 Matthew, Isobel 40.97	18	Inverness Asc	1:32.13	1:27.92
30 MacLeod, Abbie 41.99	13	Inverness Asc	1:32.58	1:27.94
31 Urquhart, Rachel 41.46	15	Nairn District Asc	1:42.68	1:28.12
32 McMaster, Lucy Ella 38.85	11	Grantown Swim Club	1:39.02	1:29.45
33 Gillibrand, Holly 40.20	12	Thurso A.S.C.	1:28.88	1:29.74
34 Williamson, Amy 40.86	13	Wick Amateur Swimming Club	1:35.63	1:30.18
35 Wood, Claire 41.45	13	Tain Asc	1:31.93	1:30.25
36 Sheldon, Megan 42.99	12	Inverness Asc	1:34.33	1:30.74
37 Gordon, Abby 41.04	15	Inverness Asc	1:32.56	1:30.85
38 Graham, Caitlin 41.44	14	Inverness Asc	1:42.89	1:31.64
39 Grist, Emily 39.70	11	Inverness Asc	1:38.83	1:31.75

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

## - Time Trial ... (Event 102 Girls 100 SC Meter IM Time Trial)

Name	Age	Team	Seed Time	Finals Time
40 Cormack, Emma 42.73	13	Thurso A.S.C.	1:37.56	1:31.83
41 Ross, Eleanor 43.18	11	Tain Asc	1:37.48	1:32.71
42 Darroch, Rianna 42.11	12	Inverness Asc	1:36.12	1:32.84
43 Powell, Jessica 41.04	10	Forres Bluefins	1:38.31	1:33.11
44 Loughray, Hannah 43.50	12	Lochaber LC Swim Team	1:41.94	1:33.46
45 Dignan, Iona 43.47	11	Lochaber LC Swim Team	1:34.00	1:33.87
46 Lloyd, Alice 42.61	15	Inverness Asc	1:37.51	1:34.78
47 McGilivray, Caitlin 46.04	12	Lochaber LC Swim Team	1:36.75	1:35.09
48 Milligan, Rosie 43.33	12	Tain Asc	1:36.56	1:36.39
49 Mackintosh, Fiona 43.96	13	Nairn District Asc	2:05.23	1:37.52
50 Gallacher, Alana 41.97	13	Forres Bluefins	1:46.46	1:38.07
51 Morgan, Elizabeth 42.99	11	Lochaber LC Swim Team	1:44.50	1:38.11
52 Gillespie, Sophie 45.82	14	Nairn District Asc	1:55.22	1:39.29
53 Coghill, Ashleigh 46.23	12	Thurso A.S.C.	1:50.65	1:40.61
54 McGregor, Anna 45.87	11	Nairn District Asc	1:42.75	1:41.38
55 McNamara, Anya 48.77	11	Tain Asc	1:50.22	1:42.40
56 McGibbon, Kaitlyn 47.20	14	Inverness Asc	1:48.99	1:42.60
57 Wood, Alison 46.45	10	Tain Asc	1:50.74	1:43.07
58 MacDougall, Cari 49.35	11	Inverness Asc	1:53.00	1:43.65
59 MacDonald, Loren 52.24	12	Inverness Asc	2:03.75	1:47.25
60 Macleod, Catriona 50.99	13	Inverness Asc	1:57.00	1:52.24
61 Gallacher, Rachel 52.06	11	Forres Bluefins	1:54.66	1:56.73
62 Ross, Eve 57.53	10	Nairn District Asc	1:58.66	1:56.75
63 McNally, Shannon 55.03	12	Forres Bluefins	1:56.24	1:57.15
--- Wetherell, Maddie 42.31	13	Forres Bluefins	1:38.47	DQ
--- Oliver, Kirsty 45.42	11	Lochaber LC Swim Team	1:42.22	DQ

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 102 Girls 100 SC Meter IM Time Trial)**

Name	Age	Team	Seed Time	Finals Time
--- Laditi, Hannah 42.60	13	Inverness Asc	2:38.86	DQ
--- Custodio, Olivia 52.74	12	Forres Bluefins	1:44.39	DQ
--- Armour, Katie	15	Inverness Asc	1:28.82	NS

**Event 103 Boys 200 SC Meter Freestyle Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Sutherland, Finlay 28.73 1:01.82	16	Inverness Asc	2:11.91	2:08.12
2 Gumbrell, Euan 28.11 1:00.20	16	Inverness Asc	2:09.51	2:08.73
3 Gatton, Andrew 30.13 1:03.19	16	Inverness Asc	2:12.99	2:11.32
4 Squires, Graeme 31.90 1:05.67	16	Nairn District Asc	2:14.83	2:12.28
5 Morris, Lyall 29.47 1:03.08	16	Lochaber LC Swim Team	2:11.28	2:12.39
6 Henry, Angus 31.41 1:05.27	15	Wick Amateur Swimming Club	2:12.16	2:13.58
7 Hanlon, Matthew 32.99 1:07.31	15	Swim Western Isles	2:20.35	2:16.64
8 Cann, William 30.35 1:04.10	16	Lochaber LC Swim Team	2:17.85	2:16.70
9 Boyd, James 30.81 1:06.13	16	Forres Bluefins	2:27.32	2:19.81
10 Airey, Andrew 32.37 1:09.35	15	Inverness Asc	2:26.27	2:23.53
11 Gunn, Jack 33.13 1:09.83	15	Thurso A.S.C.	2:27.04	2:24.29
12 Matheson, Donald 33.14 1:11.49	14	Swim Western Isles	2:27.43	2:29.65
13 Nicol, James 36.21 1:15.88	15	Forres Bluefins	2:51.55	2:32.67
14 Martin, Ben 35.75 1:16.27	15	Inverness Asc	2:39.15	2:34.32
15 Sutherland, Lewis 36.22 1:17.74	12	Thurso A.S.C.	2:38.84	2:36.91
16 Richards, Max 35.28 1:15.69	14	Inverness Asc	2:32.70	2:37.75
17 Malcolm, Kai 38.80 1:21.69	13	Lochaber LC Swim Team	3:11.13	2:47.07
18 Tait, Alistair 38.37 1:21.86	14	Lochaber LC Swim Team	3:04.04	2:49.03
19 MacCallum, Gabriel 39.52 1:23.80	14	Lochaber LC Swim Team	2:59.15	2:50.32
20 Talbot-Heigh, Freddie 38.80 1:21.57	12	Grantown Swim Club	3:20.70	2:50.39
21 Grant, Euan 39.15 1:22.93	13	Nairn District Asc	3:16.50	2:50.60
22 Wetherell, Ethan 39.15 1:23.41	16	Forres Bluefins	3:05.73	2:51.34

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 103 Boys 200 SC Meter Freestyle Time Trial)**

Name	Age	Team	Seed Time	Finals Time
23 Atkinson, Evan 37.65 1:21.02	14	Lochaber LC Swim Team	2:38.55	2:52.84
24 Curran, Connor 38.73 1:22.91	13	Forres Bluefins	3:17.97	2:56.34
25 Franklin, Angus 39.67 1:25.77	13	Inverness Asc	2:52.85	2:59.81
26 Campbell, Andrew J 1:25.68 2:14.04	13	Thurso A.S.C.	3:10.86	3:00.07
27 Read, Findlay 42.58 1:27.80	13	Swim Western Isles	3:14.38	3:01.72
28 Forgie, Christian 42.98 1:30.30	15	Nairn District Asc	3:38.34	3:08.56
29 Grier, Indigo 42.13 1:30.29	13	Lochaber LC Swim Team	NT	3:09.18
30 Ritchie, Marcus 43.86	12	Tain Asc	NT	3:09.37
31 Banford, Ben 42.33 1:31.36	12	Forres Bluefins	3:29.30	3:12.53
32 Cann, Sean 41.59 1:33.73	10	Lochaber LC Swim Team	3:51.22	3:20.40
33 Mckay, Hamish 44.15 1:34.45	13	Lochaber LC Swim Team	NT	3:21.04
34 Bromham, David 45.64 1:38.21	13	Inverness Asc	3:17.28	3:26.65
35 Britton, Ben 44.70 1:39.11	11	Lochaber LC Swim Team	3:57.00	3:30.22

**Event 104 Girls 100 SC Meter Backstroke Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Offer, Kathryn 31.54	25	Swim Western Isles	1:07.28	1:04.17
2 Scott, Morven 32.36	16	Nairn District Asc	1:07.63	1:07.78
3 Beattie, Louise 34.14	14	Inverness Asc	1:11.39	1:10.69
4 Prosser, Fay 34.79	17	Forres Bluefins	1:08.49	1:12.04
5 Doig, Lucienne M 35.59	16	Swim Western Isles	1:12.29	1:14.00
6 Williamson, Lucy 36.06	16	Inverness Asc	1:11.47	1:14.07
7 Magill, Ceitidh 36.52	15	Inverness Asc	1:17.16	1:14.40
8 Nelson, Bailey 36.69	18	Tain Asc	1:15.13	1:14.68
9 Wood, Maree 34.87	14	Tain Asc	1:14.56	1:14.77
10 Mackay, Alex 36.64	15	Thurso A.S.C.	1:13.42	1:15.69
11 Maclean, Jenna 37.60	13	Lochaber LC Swim Team	1:22.25	1:16.51

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 104 Girls 100 SC Meter Backstroke Time Trial)**

Name	Age	Team	Seed Time	Finals Time
12 Mill, Emma S 37.35	12	Thurso A.S.C.	1:17.94	1:16.82
13 Clark, Evie-Jay 37.73	12	Lochaber LC Swim Team	1:18.59	1:17.13
14 Hay, Katie 38.92	13	Inverness Asc	1:17.21	1:17.56
15 Coia-Gamble, Kaitlin 38.11	13	Inverness Asc	1:17.24	1:18.64
16 Grant, Bethan 38.10	14	Nairn District Asc	1:16.50	1:18.98
17 Budge, Isla 38.73	16	Swim Western Isles	1:17.06	1:19.34
18 Fishenden, Emma 39.12	14	Wick Amateur Swimming Club	1:18.66	1:19.70
19 Jackson, Millie 38.88	15	Lochaber LC Swim Team	1:21.79	1:19.85
20 Armstrong, Lily 38.84	14	Forres Bluefins	1:20.00	1:20.03
21 Murray, Rachel 39.50	13	Swim Western Isles	1:18.42	1:20.30
22 MacPherson, Alice Ann 39.13	13	Lochaber LC Swim Team	1:26.88	1:20.69
23 McMaster, Danielle 40.07	13	Grantown Swim Club	1:32.51	1:21.04
24 Carty, Jenna 39.86	15	Forres Bluefins	1:20.23	1:21.14
25 Morland, Scarlett 38.41	14	Unattached	1:23.16	1:21.25
26 Nellies, Morgan 39.45	14	Thurso A.S.C.	1:25.58	1:22.12
27 Wisely, Daisy 39.41	14	Inverness Asc	1:22.57	1:22.24
28 Loynd, Mairi 39.76	14	Inverness Asc	1:28.65	1:23.22
29 Murray, Melissa 40.74	16	Nairn District Asc	1:22.41	1:24.19
30 MacBean, Mairi 42.25	13	Inverness Asc	1:24.16	1:25.71
31 Martin, Rosie 42.21	13	Inverness Asc	1:22.89	1:26.23
32 Graham, Caitlin 43.26	14	Inverness Asc	1:29.12	1:28.31
33 Souter, Morgan 43.22	15	Forres Bluefins	1:29.90	1:29.21
34 Bromham, Megan 43.69	11	Inverness Asc	1:30.90	1:29.63
35 Laditi, Hannah 45.42	13	Inverness Asc	1:33.90	1:30.76
36 McIntosh, Hope 45.32	13	Forres Bluefins	1:34.47	1:30.92
37 Maclean, Danni 43.69	12	Lochaber LC Swim Team	NT	1:30.93



## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

## - Time Trial ... (Event 104 Girls 100 SC Meter Backstroke Time Trial)

Name	Age	Team	Seed Time	Finals Time
38 Gordon, Abby 44.57	15	Inverness Asc	1:31.56	1:31.14
39 Murray, Chloe 45.71	12	Inverness Asc	1:32.38	1:31.89
40 Williamson, Amy 45.74	13	Wick Amateur Swimming Club	1:32.71	1:31.90
*41 MacLeod, Abbie 45.43	13	Inverness Asc	1:31.89	1:32.36
*41 MacLeod, Olivia 45.15	12	Tain Asc	1:34.86	1:32.36
43 Grist, Emily 45.26	11	Inverness Asc	1:35.82	1:32.68
44 Gillibrand, Holly 45.10	12	Thurso A.S.C.	1:32.16	1:33.23
45 Darroch, Rianna 45.96	12	Inverness Asc	1:36.93	1:33.83
46 Gallacher, Alana 45.86	13	Forres Bluefins	1:33.66	1:34.40
47 Wood, Claire 45.29	13	Tain Asc	1:31.57	1:34.48
48 Kennedy, Sharleen 46.22	13	Nairn District Asc	1:36.49	1:34.56
49 Urquhart, Rachel 46.65	15	Nairn District Asc	1:38.50	1:34.72
50 Loughray, Hannah 46.34	12	Lochaber LC Swim Team	1:53.88	1:34.75
51 Mahomoodally, Ruhi 47.30	15	Inverness Asc	1:43.13	1:36.04
52 Morgan, Elizabeth 47.32	11	Lochaber LC Swim Team	1:49.75	1:37.69
53 Bathgate, Sophie R	12	Inverness Asc	1:37.86	1:37.93
54 Milligan, Rosie 47.70	12	Tain Asc	NT	1:39.56
55 Gillespie, Sophie 50.30	14	Nairn District Asc	1:43.56	1:39.88
56 Oliver, Kirsty 48.98	11	Lochaber LC Swim Team	2:06.22	1:40.07
57 Mackintosh, Fiona 49.13	13	Nairn District Asc	1:53.03	1:40.79
58 Bain, Keira 48.28	11	Thurso A.S.C.	1:46.75	1:41.63
59 McGilivray, Caitlin 51.44	12	Lochaber LC Swim Team	2:05.85	1:42.35
*60 Wood, Alison 49.92	10	Tain Asc	1:59.00	1:43.50
*60 McGregor, Anna 49.95	11	Nairn District Asc	1:45.78	1:43.50
62 McNamara, Anya 50.84	11	Tain Asc	NT	1:44.34
63 MacDougall, Cari 53.72	11	Inverness Asc	1:50.94	1:47.73

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 104 Girls 100 SC Meter Backstroke Time Trial)**

Name	Age	Team	Seed Time	Finals Time
64 Coghill, Ashleigh 51.85	12	Thurso A.S.C.	1:55.34	1:48.72
65 Macpherson, Jessica	10	Nairn District Asc	2:11.03	1:54.04
66 McNally, Shannon 56.19	12	Forres Bluefins	1:51.46	1:55.64
67 Macleod, Catriona 57.42	13	Inverness Asc	1:59.42	1:58.88
68 Ross, Eve 57.05	10	Nairn District Asc	2:21.45	1:58.94
--- Powell, Jessica 6.6 Not on the back at finish 45.72	10	Forres Bluefins	2:04.70	DQ
--- Urquhart, Caitlin 58.34	10	Inverness Asc	2:23.00	DQ
--- Armour, Katie	15	Inverness Asc	1:27.33	NS

**Event 105 Boys 200 SC Meter IM Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Duncan, Jacob 30.06	18	Nairn District Asc	2:24.08	2:20.18
2 Sutherland, Finlay 29.86	16	Inverness Asc	2:24.44	2:23.99
3 Gatton, Andrew 31.46	16	Inverness Asc	2:26.84	2:26.52
4 Squires, Graeme 33.16	16	Nairn District Asc	2:30.33	2:27.88
5 Lee, Angus 32.31	17	Inverness Asc	2:29.81	2:31.40
6 Hamilton, Jack 28.30	16	Lochaber LC Swim Team	2:36.96	2:31.79
7 Gumbrell, Euan 36.06	16	Inverness Asc	2:25.87	2:32.23
8 Weir, Lucas 33.87	14	Nairn District Asc	2:40.00	2:34.85
9 Cann, Connor 32.94	17	Lochaber LC Swim Team	2:38.34	2:36.32
10 Morris, Lyall 33.42	16	Lochaber LC Swim Team	2:36.75	2:40.49
11 Martin, Ben 37.06	15	Inverness Asc	2:48.00	2:48.29
12 Richards, Max 41.02	14	Inverness Asc	2:57.28	3:00.87
13 Atkinson, Evan 41.13	14	Lochaber LC Swim Team	2:56.22	3:06.22
14 Wetherell, Ethan 41.06	16	Forres Bluefins	3:22.16	3:13.14
15 MacCallum, Gabriel 45.16	14	Lochaber LC Swim Team	3:23.00	3:14.22
16 Malcolm, Kai 42.75	13	Lochaber LC Swim Team	3:33.98	3:16.48
17 Tait, Alistair 51.34	14	Lochaber LC Swim Team	3:15.22	3:17.11

## HST Timing Session - 21/01/2017 to 22/01/2017

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## Results

**- Time Trial ... (Event 105 Boys 200 SC Meter IM Time Trial)**

Name	Age	Team	Seed Time	Finals Time
18 Grant, Euan 52.41	13	Nairn District Asc	3:26.09	3:28.50
19 Forgie, Christian 53.86	15	Nairn District Asc	4:11.91	3:39.03
20 Martin, Jamie 58.02	11	Inverness Asc	4:06.00	3:43.03
--- Mackintosh, Calum 41.51	13	Grantown Swim Club	2:59.43	DQ

**Event 106 Girls 200 SC Meter Breaststroke Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 McKay, Aimee 36.93 1:19.72	16	Lochaber LC Swim Team	2:47.87	2:46.44
2 Jackson, Millie 40.03 1:24.36	15	Lochaber LC Swim Team	3:01.93	2:54.94
3 Murray, Katie 40.48 1:25.32	17	Swim Western Isles	3:11.43	2:55.59
4 Doig, Lucienne M 39.96 1:25.41	16	Swim Western Isles	2:51.21	2:59.03
5 Wood, Maree 41.91 1:31.19	14	Tain Asc	3:12.63	3:08.82
6 Carty, Jenna 43.46 1:31.43	15	Forres Bluefins	3:04.96	3:08.83
7 Beattie, Louise 35.60 1:33.08	14	Inverness Asc	3:12.49	3:09.29
8 Macdougall, Ellie-Kate 42.74 1:32.30	13	Inverness Asc	3:15.06	3:09.72
9 Maclean, Jenna 43.98 1:32.72	13	Lochaber LC Swim Team	NT	3:09.98
10 Mackay, Alex 42.96 1:31.36	15	Thurso A.S.C.	3:08.22	3:10.08
11 Mill, Emma S 43.11 1:32.53	12	Thurso A.S.C.	3:13.98	3:12.63
12 Murray, Rachel 45.78 1:36.91	13	Swim Western Isles	3:27.75	3:16.08
13 Armstrong, Lily 44.65 1:34.69	14	Forres Bluefins	3:23.06	3:16.89
14 MacPherson, Alice Ann 46.68 1:38.52	13	Lochaber LC Swim Team	3:42.28	3:20.09
15 Valentine, Poppy 33.25 56.37	13	Lochaber LC Swim Team	3:39.87	3:27.35
16 Matthew, Isobel 48.64 1:43.02	18	Inverness Asc	3:35.36	3:33.01
17 McIntosh, Hope 50.74 1:46.64	13	Forres Bluefins	4:06.25	3:36.22
18 MacLeod, Abbie 48.24 1:43.96	13	Inverness Asc	3:40.56	3:36.71
19 Martin, Rosie 49.28 1:45.53	13	Inverness Asc	3:33.29	3:38.12
20 Ross, Eleanor 51.13 1:47.93	11	Tain Asc	NT	3:39.41

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 106 Girls 200 SC Meter Breaststroke Time Trial)**

Name	Age	Team	Seed Time	Finals Time
21 Urquhart, Rachel 51.19 1:47.90	15	Nairn District Asc	3:50.52	3:39.75
22 Darroch, Rianna 52.99 1:52.21	12	Inverness Asc	3:54.95	3:46.88
23 McMaster, Lucy Ella 47.64 1:44.42	11	Grantown Swim Club	4:07.52	3:47.99
24 Kyle, Jude 52.93 1:51.72	13	Lochaber LC Swim Team	NT	3:53.10
25 Wetherell, Maddie 54.37 1:57.19	13	Forres Bluefins	NT	4:03.07
26 Woodman, Darcey 56.64 2:03.92	11	Nairn District Asc	4:22.20	4:15.93
27 McGregor, Anna 58.59 2:05.53	11	Nairn District Asc	4:38.84	4:16.73
--- Lee, Erin	15	Inverness Asc	3:03.26	NS
--- Armour, Katie	15	Inverness Asc	3:41.51	NS

**Event 107 Boys 100 SC Meter Breaststroke Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Duncan, Jacob 32.57	18	Nairn District Asc	1:08.84	1:08.50
2 Hanlon, Matthew 33.71	15	Swim Western Isles	1:14.57	1:11.91
3 Gumbrell, Euan 33.67	16	Inverness Asc	1:11.59	1:11.99
4 Gunn, Jack 37.67	15	Thurso A.S.C.	1:19.36	1:19.31
5 Morris, Lyall 37.99	16	Lochaber LC Swim Team	1:20.44	1:20.42
6 Weir, Lucas 38.48	14	Nairn District Asc	1:22.37	1:20.96
7 Boyd, James 37.72	16	Forres Bluefins	1:20.69	1:21.07
8 Hamilton, Jack	16	Lochaber LC Swim Team	1:23.54	1:21.76
9 Morris, Cameron 38.89	17	Lochaber LC Swim Team	1:24.69	1:23.91
10 Cann, William 39.59	16	Lochaber LC Swim Team	1:29.51	1:24.09
11 Lyon, Ross 39.52	15	Inverness Asc	1:29.57	1:24.35
12 Nicol, James 40.83	15	Forres Bluefins	1:26.32	1:27.70
13 Pickering, Louis 41.24	13	Thurso A.S.C.	1:33.39	1:28.20
14 Stevens, Craig 42.84	13	Forres Bluefins	1:31.26	1:30.20
15 Martin, Ben 42.08	15	Inverness Asc	1:29.69	1:30.25
16 Tait, Alistair 43.66	14	Lochaber LC Swim Team	1:33.52	1:31.46
17 Matheson, Donald 43.08	14	Swim Western Isles	1:32.15	1:32.05

## HST Timing Session - 21/01/2017 to 22/01/2017

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## Results

**- Time Trial ... (Event 107 Boys 100 SC Meter Breaststroke Time Trial)**

Name	Age	Team	Seed Time	Finals Time
18 Henry, Chester 44.20	12	Wick Amateur Swimming Club	1:37.02	1:34.68
19 Hodi, William 45.34	14	Nairn District Asc	1:39.09	1:35.55
20 Atkinson, Evan 41.95	14	Lochaber LC Swim Team	1:32.28	1:37.30
21 Laditi, Emmanuel 44.71	14	Inverness Asc	1:37.05	1:37.44
22 Mackintosh, Calum 47.20	13	Grantown Swim Club	1:41.85	1:39.20
23 Grier, Indigo 47.64	13	Lochaber LC Swim Team	1:46.56	1:40.32
24 Macaulay, Luke	15	Tain Asc	1:41.97	1:40.83
25 Campbell, Andrew J 48.57	13	Thurso A.S.C.	1:43.70	1:41.56
26 Curran, Connor 50.62	13	Forres Bluefins	1:50.48	1:44.50
27 Franklin, Angus 48.92	13	Inverness Asc	1:35.23	1:45.40
28 Atkinson, Alex 52.85	11	Lochaber LC Swim Team	1:53.60	1:50.25
29 Mckay, Hamish 51.49	13	Lochaber LC Swim Team	1:58.97	1:50.64
30 Richards, Harvey 52.27	11	Inverness Asc	1:59.36	1:55.00
31 Martin, Jamie 57.83	11	Inverness Asc	2:04.01	1:56.12
32 Fitzpatrick, James 56.39	12	Inverness Asc	2:05.43	1:57.61
33 Goldie, Magnus 55.53	13	Inverness Asc	2:08.04	1:58.83
34 Houston, Aaron 29.45	14	Inverness Asc	2:03.91	1:59.27
35 Macrae, Liam 57.53	11	Tain Asc	NT	1:59.53
36 Banford, Ben 57.51	12	Forres Bluefins	2:08.58	1:59.89
37 Jones, Cameron 57.19	11	Forres Bluefins	2:21.23	2:00.45
38 Ritchie, Marcus 59.23	12	Tain Asc	2:08.45	2:03.10
39 Pawsey, Matthew	10	Grantown Swim Club	2:20.59	2:07.91
40 Morrison, Dylan 1:02.49	11	Inverness Asc	NT	2:09.72
41 Swan, Taylor 1:02.06	11	Thurso A.S.C.	2:06.49	2:10.47
42 Sutherland, Scott B 59.54	11	Thurso A.S.C.	2:21.97	2:13.50
43 Britton, Ben 1:03.68	11	Lochaber LC Swim Team	2:34.10	2:14.65
44 Sutherland, Calum 1:06.11	12	Inverness Asc	2:38.74	2:22.48

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## Results

**- Time Trial ... (Event 107 Boys 100 SC Meter Breaststroke Time Trial)**

Name	Age	Team	Seed Time	Finals Time
--- Stewart, Alexander	12	Inverness Asc	2:40.00	DQ
7.6 Touch not simultaneous and/or hands not separated 1:02.04				
--- Forgie, Christian	15	Nairn District Asc	NT	DQ
7.3 Hands not pushed forward together from the breast on, under, or over the water 53.67				
--- Bromham, David	13	Inverness Asc	2:00.98	DQ
7.3 Elbows over water except last stroke before turn, during turn or final stroke at finis 55.63				
--- Cann, Sean	10	Lochaber LC Swim Team	2:10.41	DQ
52.39				

**Event 108 Girls 200 SC Meter Butterfly Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Hay, Katie	13	Inverness Asc	2:36.22	2:37.25
34.10 1:13.91				
2 Magill, Ceitidh	15	Inverness Asc	2:40.70	2:40.80
34.68 1:14.68				
3 Murray, Katie	17	Swim Western Isles	2:47.48	2:46.74
36.16 1:17.81				
4 Budge, Isla	16	Swim Western Isles	2:50.68	2:48.31
33.53 1:13.80				
5 Mckay, Aimee	16	Lochaber LC Swim Team	2:57.13	2:54.04
35.73 1:18.93				
6 McDonald, Erin	17	Thurso A.S.C.	2:52.46	2:56.44
37.82 1:20.31				
7 Gordon, Siobhan	15	Lochaber LC Swim Team	NT	3:03.20
33.35 1:10.89				
8 MacCallum, Rhianna	13	Lochaber LC Swim Team	NT	3:34.95
44.39 1:39.38				

**Event 201 Boys 100 SC Meter IM Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Sutherland, Finlay	16	Inverness Asc	1:09.55	1:06.82
29.90				
2 Lee, Angus	17	Inverness Asc	1:10.31	1:09.09
32.92				
3 Hamilton, Jack	16	Lochaber LC Swim Team	1:13.09	1:09.51
32.11				
4 Hanlon, Matthew	15	Swim Western Isles	1:11.58	1:09.78
33.38				
5 Morris, Lyall	16	Lochaber LC Swim Team	1:10.56	1:12.08
34.46				
6 Gunn, Jack	15	Thurso A.S.C.	1:16.88	1:12.21
34.14				
7 Waudby-West, Felix	19	Inverness Asc	1:14.60	1:13.86
33.32				
8 Henry, Angus	15	Wick Amateur Swimming Club	1:11.03	1:16.58
34.28				
9 Pickering, Louis	13	Thurso A.S.C.	1:26.92	1:17.29
36.91				

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## Results

**- Time Trial ... (Event 201 Boys 100 SC Meter IM Time Trial)**

Name	Age	Team	Seed Time	Finals Time
10 Nicol, James 36.70	15	Forres Bluefins	1:22.60	1:18.25
11 Airey, Andrew 35.04	15	Inverness Asc	1:28.18	1:18.49
12 Cooke, Sam	17	Grantown Swim Club	2:12.08	1:18.83
13 Matheson, Donald 37.79	14	Swim Western Isles	1:20.63	1:19.07
14 Martin, Ben 37.34	15	Inverness Asc	1:20.88	1:19.93
15 Laditi, Emmanuel	14	Inverness Asc	2:17.41	1:22.23
16 Richards, Max	14	Inverness Asc	1:28.96	1:22.34
17 Henry, Chester	12	Wick Amateur Swimming Club	1:43.12	1:25.58
18 Macaulay, Luke	15	Tain Asc	NT	1:26.04
19 Mackintosh, Calum 40.30	13	Grantown Swim Club	1:24.30	1:26.25
20 Hatch, Neo 40.42	12	Forres Bluefins	1:27.44	1:27.09
21 Hodi, William	14	Nairn District Asc	1:33.42	1:27.15
22 Talbot-Heigh, Freddie	12	Grantown Swim Club	1:36.12	1:30.19
23 Franklin, Angus 42.97	13	Inverness Asc	1:28.95	1:34.39
24 Mackintosh, Aedan	13	Forres Bluefins	1:40.43	1:34.54
25 Grant, Euan	13	Nairn District Asc	1:35.12	1:37.00
26 Jones, Cameron	11	Forres Bluefins	1:41.20	1:39.92
27 Mckay, Hamish	13	Lochaber LC Swim Team	1:39.87	1:40.98
28 Bromham, David	13	Inverness Asc	1:49.86	1:41.29
29 Cann, Sean	10	Lochaber LC Swim Team	1:46.14	1:42.86
30 Sutherland, Charlie	11	Thurso A.S.C.	1:49.54	1:43.07
31 Forgie, Christian	15	Nairn District Asc	2:02.32	1:44.61
32 Martin, Jamie	11	Inverness Asc	1:53.00	1:45.71
33 Ritchie, Marcus	12	Tain Asc	1:52.10	1:49.64
34 Morrison, Dylan	11	Inverness Asc	NT	1:54.67
35 Britton, Ben	11	Lochaber LC Swim Team	2:01.50	1:56.61
36 Macrae, Liam	11	Tain Asc	2:13.25	1:58.47
37 Sutherland, Scott B	11	Thurso A.S.C.	2:14.08	1:58.67
38 Swan, Taylor	11	Thurso A.S.C.	2:00.68	2:00.88
--- Fitzpatrick, James	12	Inverness Asc	1:49.32	DQ
--- Richards, Harvey	11	Inverness Asc	1:51.57	DQ

8.3 Movements of the legs not simultaneous - fly

**Event 202 Girls 200 SC Meter IM Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Prosser, Fay 33.52	17	Forres Bluefins	2:29.67	2:32.80
2 Williamson, Lucy 33.77	16	Inverness Asc	2:33.56	2:33.30
3 Mckay, Aimee 35.51	16	Lochaber LC Swim Team	2:39.80	2:36.97
4 Magill, Ceitidh 34.63	15	Inverness Asc	2:37.03	2:37.40

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## Results

## - Time Trial ... (Event 202 Girls 200 SC Meter IM Time Trial)

Name	Age	Team	Seed Time	Finals Time
5 Doig, Lucienne M 34.35	16	Swim Western Isles	2:41.43	2:37.81
6 Nelson, Bailey 33.91	18	Tain Asc	2:35.57	2:37.93
7 Lawrie, Brooke 35.11	16	Nairn District Asc	2:38.02	2:39.31
8 Beattie, Louise 34.60	14	Inverness Asc	2:40.65	2:40.58
9 Hay, Katie 33.47	13	Inverness Asc	2:38.00	2:40.74
10 Wisely, Daisy 35.92	14	Inverness Asc	2:44.87	2:44.47
11 Mill, Emma S 34.62	12	Thurso A.S.C.	2:48.05	2:46.80
12 Jackson, Millie 38.16	15	Lochaber LC Swim Team	2:49.63	2:46.89
13 Mackay, Alex 34.36	15	Thurso A.S.C.	2:38.63	2:47.35
14 Reid, Anna 35.33	14	Nairn District Asc	2:56.71	2:50.21
15 Coia-Gamble, Kaitlin 38.12	13	Inverness Asc	2:50.01	2:50.24
16 Armstrong, Lily 40.87	14	Forres Bluefins	2:56.36	2:53.96
17 Lee, Erin 39.05	15	Inverness Asc	2:50.51	2:54.61
18 Cosens, Elise 36.90	12	Tain Asc	3:05.87	2:55.43
19 Macdougall, Ellie-Kate 38.17	13	Inverness Asc	2:56.47	2:55.53
20 MacPherson, Alice Ann 40.07	13	Lochaber LC Swim Team	2:57.50	2:55.82
21 Fishenden, Emma 40.32	14	Wick Amateur Swimming Club	3:10.76	2:57.47
22 Carty, Jenna 39.90	15	Forres Bluefins	2:46.40	2:58.52
23 McMaster, Danielle 36.25	13	Grantown Swim Club	NT	2:58.61
24 Mackay, Eilidh 41.81	14	Nairn District Asc	3:05.06	3:01.49
25 Murray, Melissa 41.48	16	Nairn District Asc	3:01.91	3:02.87
26 Nellies, Morgan 41.56	14	Thurso A.S.C.	3:03.22	3:06.38
27 Smith-Macaulay, Rosie 38.77	14	Nairn District Asc	3:09.18	3:06.73
28 Bromham, Megan 41.92	11	Inverness Asc	3:18.11	3:09.22
29 Loynd, Mairi 42.27	14	Inverness Asc	3:33.57	3:10.11
30 MacLeod, Olivia 41.75	12	Tain Asc	NT	3:13.82



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## Results

**- Time Trial ... (Event 202 Girls 200 SC Meter IM Time Trial)**

Name	Age	Team	Seed Time	Finals Time
31 Maclean, Danni 41.37	12	Lochaber LC Swim Team	NT	3:15.02
32 Gordon, Abby 46.05	15	Inverness Asc	3:18.83	3:15.08
33 Martin, Rosie 47.15	13	Inverness Asc	3:14.98	3:15.09
34 Williamson, Amy 43.99	13	Wick Amateur Swimming Club	3:40.52	3:17.13
35 MacLeod, Abbie 49.25	13	Inverness Asc	3:27.88	3:19.12
36 McIntosh, Hope 49.09	13	Forres Bluefins	3:24.13	3:20.33
37 Kyle, Jude 49.00	13	Lochaber LC Swim Team	3:24.19	3:26.75
38 McGilivray, Caitlin 49.38	12	Lochaber LC Swim Team	NT	3:26.78
39 Kennedy, Sharleen 49.54	13	Nairn District Asc	3:25.98	3:28.20
40 Mackintosh, Fiona 48.73	13	Nairn District Asc	3:56.75	3:38.49
41 Gillespie, Sophie 54.51	14	Nairn District Asc	3:49.19	3:38.66
42 Grist, Emily 51.16	11	Inverness Asc	3:54.43	3:38.93
43 McGregor, Anna 52.26	11	Nairn District Asc	4:11.74	3:46.38
44 Woodman, Darcey 56.02	11	Nairn District Asc	3:45.82	3:47.81
--- McMaster, Lucy Ella 42.67	11	Grantown Swim Club	NT	DQ
--- Wood, Claire 43.84	13	Tain Asc	3:24.22	DQ

**Event 203 Boys 200 SC Meter Breaststroke Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Gumbrell, Euan 36.74 1:18.62	16	Inverness Asc	2:37.51	2:36.75
2 Hanlon, Matthew 35.37 1:15.32	15	Swim Western Isles	2:41.59	2:37.36
3 Gatton, Andrew 38.75 1:23.22	16	Inverness Asc	2:48.56	2:48.67
4 Squires, Graeme 40.71 1:24.37	16	Nairn District Asc	2:50.38	2:49.08
5 Gunn, Jack 38.97 1:21.79	15	Thurso A.S.C.	2:50.14	2:51.71
6 Weir, Lucas 39.95 1:26.19	14	Nairn District Asc	2:54.77	2:54.59
7 Morris, Lyall 39.46 1:24.27	16	Lochaber LC Swim Team	2:59.69	2:56.39
8 Martin, Ben 42.75 1:31.83	15	Inverness Asc	3:11.52	3:10.57

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## Results

**- Time Trial ... (Event 203 Boys 200 SC Meter Breaststroke Time Trial)**

Name	Age	Team	Seed Time	Finals Time
9 Tait, Alistair 44.86 1:35.10	14	Lochaber LC Swim Team	3:20.79	3:14.58
10 Sutherland, Lewis 44.51 1:35.29	12	Thurso A.S.C.	3:21.91	3:14.87
11 Hodi, William 47.40 1:41.31	14	Nairn District Asc	3:47.91	3:26.79
12 Richards, Max 46.43 1:40.73	14	Inverness Asc	3:37.72	3:28.49
13 Campbell, Andrew J 49.18 1:43.98	13	Thurso A.S.C.	3:43.08	3:33.85
14 Henry, Chester 46.89 1:40.96	12	Wick Amateur Swimming Club	4:01.56	3:35.30
15 Grier, Indigo 48.95 1:45.39	13	Lochaber LC Swim Team	NT	3:39.44
16 Curran, Connor 51.38 1:49.04	13	Forres Bluefins	NT	3:42.94
17 Franklin, Angus 49.67 1:48.57	13	Inverness Asc	3:26.82	3:47.20
18 Hatch, Neo 50.64 1:47.33	12	Forres Bluefins	3:57.83	3:48.34
19 Martin, Jamie 57.66 1:59.77	11	Inverness Asc	4:34.00	4:05.51
20 Ritchie, Marcus 1:02.34 2:08.39	12	Tain Asc	NT	4:19.86
--- Cann, Sean 7.6 Did not touch at turn or finish with both hands 55.27 2:03.19	10	Lochaber LC Swim Team	NT	DQ
--- McKay, Hamish	13	Lochaber LC Swim Team	NT	NS

**Event 204 Girls 200 SC Meter Freestyle Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Offer, Kathryn 29.60 1:02.40	25	Swim Western Isles	2:09.56	2:08.93
2 Budge, Isla 29.87 1:02.28	16	Swim Western Isles	2:14.36	2:12.45
3 Scott, Morven 30.63 1:04.69	16	Nairn District Asc	2:13.47	2:14.17
4 Hay, Katie 32.15 1:07.22	13	Inverness Asc	2:17.61	2:17.17
5 Maclean, Jenna 32.25 1:07.60	13	Lochaber LC Swim Team	2:20.92	2:18.99
6 Williamson, Lucy 33.07 1:08.38	16	Inverness Asc	2:17.86	2:19.46
7 Lawrie, Brooke 33.36 1:09.34	16	Nairn District Asc	2:16.56	2:21.75
8 Murray, Katie 34.03 1:10.69	17	Swim Western Isles	2:27.68	2:22.11
9 Beattie, Louise 33.35 1:09.86	14	Inverness Asc	2:21.21	2:23.21
10 Gordon, Siobhan 33.20 1:09.98	15	Lochaber LC Swim Team	2:26.50	2:23.71

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 204 Girls 200 SC Meter Freestyle Time Trial)**

Name	Age	Team	Seed Time	Finals Time
11 Wisely, Daisy 33.65 1:11.61	14	Inverness Asc	2:27.44	2:28.65
12 Mackay, Alex 33.34 1:10.86	15	Thurso A.S.C.	2:22.88	2:31.23
13 Coia-Gamble, Kaitlin 35.20 1:14.67	13	Inverness Asc	2:33.40	2:32.06
14 Reid, Anna 35.69 1:15.30	14	Nairn District Asc	2:34.26	2:32.48
15 Wood, Maree 33.59 1:13.75	14	Tain Asc	2:32.50	2:33.96
16 Armstrong, Lily 35.53 1:14.23	14	Forres Bluefins	2:33.13	2:34.07
17 Waudby-West, Freya 35.07 1:14.60	15	Inverness Asc	2:42.30	2:34.11
18 Mackay, Eilidh 36.14 1:15.88	14	Nairn District Asc	2:40.58	2:34.31
19 Grant, Bethan 35.79 1:14.04	14	Nairn District Asc	2:26.83	2:34.44
20 Shepherd, Dora 34.69 1:13.57	17	Lochaber LC Swim Team	2:39.59	2:34.48
21 Mill, Emma S 34.58 1:14.92	12	Thurso A.S.C.	2:34.95	2:35.53
22 Cosens, Elise 36.84 1:17.69	12	Tain Asc	2:36.85	2:38.64
23 Carty, Jenna 36.83 1:17.85	15	Forres Bluefins	2:40.30	2:40.68
24 Macdougall, Ellie-Kate 36.72 1:19.46	13	Inverness Asc	2:40.78	2:42.85
25 Murray, Melissa 37.72 1:19.78	16	Nairn District Asc	2:41.07	2:42.92
26 Nellies, Morgan 37.66 1:20.01	14	Thurso A.S.C.	2:44.06	2:43.39
27 Matthew, Isobel 37.41 1:18.59	18	Inverness Asc	2:47.33	2:43.86
28 MacBean, Mairi 38.41 1:20.76	13	Inverness Asc	2:56.76	2:44.65
29 Smith-Macaulay, Rosie 37.80 1:21.12	14	Nairn District Asc	2:50.03	2:45.76
30 Gordon, Abby 39.43 1:23.27	15	Inverness Asc	2:57.82	2:53.14
31 Maclean, Danni 40.11 1:24.95	12	Lochaber LC Swim Team	3:09.54	2:53.20
32 MacLeod, Abbie 40.66 1:25.13	13	Inverness Asc	2:59.07	2:53.25
33 Bromham, Megan 39.75 1:25.45	11	Inverness Asc	3:03.69	2:53.47
34 Loynd, Mairi 38.32 1:23.29	14	Inverness Asc	3:11.05	2:53.50
35 Martin, Rosie 39.05 1:23.80	13	Inverness Asc	2:58.46	2:54.15
36 Souter, Morgan 40.26 1:26.05	15	Forres Bluefins	3:00.27	2:58.20

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 204 Girls 200 SC Meter Freestyle Time Trial)**

Name	Age	Team	Seed Time	Finals Time
37 MacLeod, Olivia 42.80 1:30.92	12	Tain Asc	NT	2:59.60
38 Wetherell, Maddie 41.47 1:28.76	13	Forres Bluefins	3:14.31	3:00.32
39 Urquhart, Rachel 41.11 1:28.31	15	Nairn District Asc	3:15.15	3:00.96
40 Laditi, Hannah 41.78 1:29.02	13	Inverness Asc	NT	3:06.33
41 Mackintosh, Fiona 42.79 1:32.13	13	Nairn District Asc	3:34.85	3:13.62
42 Gillespie, Sophie 1:38.49	14	Nairn District Asc	3:40.04	3:15.29
43 McGregor, Anna 47.26 1:40.43	11	Nairn District Asc	3:38.88	3:27.04
--- MacCallum, Rhianna 41.83 1:28.90	13	Lochaber LC Swim Team	3:10.75	DQ
--- Lee, Erin	15	Inverness Asc	2:28.27	NS

**Event 205 Boys 200 SC Meter Butterfly Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Sutherland, Finlay 30.85 1:08.38	16	Inverness Asc	2:25.75	2:24.71
2 Duncan, Jacob 32.79 1:12.81	18	Nairn District Asc	2:35.16	2:30.80
3 Cann, Connor 33.61 1:15.22	17	Lochaber LC Swim Team	2:41.94	3:00.54

**Event 206 Girls 100 SC Meter Breaststroke Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 McKay, Aimee 37.41	16	Lochaber LC Swim Team	1:17.88	1:17.37
2 Scott, Morven 37.73	16	Nairn District Asc	1:17.47	1:18.29
3 McDonald, Erin 38.48	17	Thurso A.S.C.	1:19.07	1:21.25
4 Jackson, Millie 38.72	15	Lochaber LC Swim Team	1:23.86	1:22.46
5 Doig, Lucienne M 39.21	16	Swim Western Isles	1:19.64	1:22.97
6 Murray, Katie 40.76	17	Swim Western Isles	1:27.15	1:24.73
7 Magill, Ceitidh 40.18	15	Inverness Asc	1:25.09	1:24.76
8 Williamson, Lucy 41.62	16	Inverness Asc	1:25.00	1:27.04
9 Wood, Maree 41.18	14	Tain Asc	1:26.54	1:27.76
10 Beattie, Louise 41.42	14	Inverness Asc	1:28.07	1:27.87
11 Mackay, Alex 40.96	15	Thurso A.S.C.	1:25.47	1:28.02

## HST Timing Session - 21/01/2017 to 22/01/2017

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## Results

## - Time Trial ... (Event 206 Girls 100 SC Meter Breaststroke Time Trial)

Name	Age	Team	Seed Time	Finals Time
12 Budge, Isla 41.26	16	Swim Western Isles	1:33.63	1:28.50
13 Clark, Evie-Jay 42.57	12	Lochaber LC Swim Team	1:33.49	1:29.97
14 Macdougall, Ellie-Kate 42.55	13	Inverness Asc	1:29.26	1:30.11
15 Shepherd, Dora 42.93	17	Lochaber LC Swim Team	1:31.56	1:30.84
16 Murray, Rachel 43.91	13	Swim Western Isles	1:32.21	1:31.42
17 Armstrong, Lily 43.81	14	Forres Bluefins	1:30.21	1:31.48
18 Carty, Jenna 44.10	15	Forres Bluefins	1:29.01	1:32.20
19 Coia-Gamble, Kaitlin 43.85	13	Inverness Asc	1:30.85	1:32.55
20 Fishenden, Emma 43.89	14	Wick Amateur Swimming Club	1:32.35	1:32.79
21 McMaster, Danielle 44.67	13	Grantown Swim Club	1:41.75	1:33.65
22 Lee, Erin 44.69	15	Inverness Asc	1:25.52	1:35.95
23 Cosens, Elise 46.14	12	Tain Asc	1:45.27	1:38.68
24 Murray, Melissa 47.72	16	Nairn District Asc	1:38.28	1:39.79
25 Morland, Scarlett 46.41	14	Unattached	1:36.54	1:39.92
26 MacLeod, Olivia 48.31	12	Tain Asc	1:44.43	1:40.64
27 MacBean, Mairi 48.07	13	Inverness Asc	1:45.44	1:40.97
28 Smith-Macaulay, Rosie 47.73	14	Nairn District Asc	1:42.97	1:41.17
29 Wood, Claire 48.28	13	Tain Asc	1:46.00	1:41.73
30 McGilivray, Caitlin 47.73	12	Lochaber LC Swim Team	2:01.19	1:41.85
31 Sheldon, Megan 47.40	12	Inverness Asc	1:49.37	1:41.87
32 Mackay, Eilidh 47.67	14	Nairn District Asc	1:36.84	1:41.94
33 Maclean, Danni 49.54	12	Lochaber LC Swim Team	2:00.50	1:42.40
34 Dignan, Iona 48.39	11	Lochaber LC Swim Team	1:54.04	1:42.48
35 Mahomoodally, Ruhi 47.56	15	Inverness Asc	1:46.67	1:42.51
36 McMaster, Lucy Ella 48.26	11	Grantown Swim Club	1:52.00	1:43.67
37 Loynd, Mairi 49.12	14	Inverness Asc	1:39.89	1:43.70

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

## - Time Trial ... (Event 206 Girls 100 SC Meter Breaststroke Time Trial)

Name	Age	Team	Seed Time	Finals Time
38 MacLeod, Abbie 48.89	13	Inverness Asc	1:41.92	1:43.99
39 Loughray, Hannah 49.73	12	Lochaber LC Swim Team	1:56.78	1:44.59
40 Martin, Rosie 50.09	13	Inverness Asc	1:42.13	1:45.04
41 Darroch, Rianna 49.47	12	Inverness Asc	1:49.24	1:45.38
42 Williamson, Amy 49.09	13	Wick Amateur Swimming Club	1:49.06	1:45.44
43 Graham, Caitlin 49.88	14	Inverness Asc	1:49.51	1:45.49
44 Gillibrand, Holly 49.31	12	Thurso A.S.C.	1:42.82	1:46.42
45 Cormack, Emma 51.17	13	Thurso A.S.C.	1:55.02	1:46.89
46 Urquhart, Rachel 51.47	15	Nairn District Asc	1:50.56	1:47.50
47 Murray, Chloe 51.05	12	Inverness Asc	1:54.41	1:48.53
48 Gordon, Abby 51.38	15	Inverness Asc	1:48.55	1:49.67
49 Morgan, Elizabeth 52.82	11	Lochaber LC Swim Team	2:13.22	1:49.71
50 Laditi, Hannah 51.96	13	Inverness Asc	1:50.74	1:50.49
51 Powell, Jessica 52.97	10	Forres Bluefins	2:10.76	1:50.61
52 Wetherell, Maddie 52.75	13	Forres Bluefins	1:50.41	1:50.88
53 Gallacher, Alana 51.67	13	Forres Bluefins	1:55.32	1:51.69
54 MacDonald, Loren 53.43	12	Inverness Asc	2:01.49	1:52.74
55 Kennedy, Sharleen 53.75	13	Nairn District Asc	1:48.96	1:53.59
56 Coghill, Ashleigh 55.31	12	Thurso A.S.C.	1:56.39	1:55.24
57 Custodio, Olivia 53.48	12	Forres Bluefins	2:03.14	1:55.93
58 Ferries, Iona 52.91	12	Tain Asc	NT	1:56.28
59 McGibbon, Kaitlyn 54.52	14	Inverness Asc	2:00.20	1:57.26
60 Bathgate, Sophie R 55.72	12	Inverness Asc	1:58.15	1:57.92
61 MacDougall, Cari 56.24	11	Inverness Asc	1:59.68	2:00.90
62 Mackintosh, Fiona 56.43	13	Nairn District Asc	2:06.06	2:02.29
63 Bain, Keira 57.70	11	Thurso A.S.C.	2:15.38	2:03.01

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 206 Girls 100 SC Meter Breaststroke Time Trial)**

Name	Age	Team	Seed Time	Finals Time
64 Grist, Emily 57.98	11	Inverness Asc	2:06.07	2:03.09
65 McGregor, Anna 59.92	11	Nairn District Asc	2:08.62	2:03.87
66 Gillespie, Sophie 1:00.90	14	Nairn District Asc	2:04.08	2:05.00
67 Pawsey, Molly 1:01.31	12	Grantown Swim Club	2:16.00	2:07.33
68 Macleod, Catriona 58.95	13	Inverness Asc	2:19.42	2:08.25
69 Ross, Eve 1:01.07	10	Nairn District Asc	2:28.29	2:11.88
70 Gallacher, Rachel 1:06.94	11	Forres Bluefins	2:28.70	2:15.92
71 McNally, Shannon 1:03.15	12	Forres Bluefins	2:27.51	2:15.96
--- Lloyd, Alice 52.03	15	Inverness Asc	1:50.28	DQ
--- Macpherson, Jessica 7.3 Hands not brought back on or under surface of the water 1:06.49	10	Nairn District Asc	2:41.39	DQ
--- Valentine, Poppy	13	Lochaber LC Swim Team	1:46.72	NS

**Event 207 Boys 100 SC Meter Backstroke Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Gatton, Andrew 33.02	16	Inverness Asc	1:05.37	1:05.62
2 Gumbrell, Euan 32.80	16	Inverness Asc	1:06.77	1:07.04
3 Hamilton, Jack 34.86	16	Lochaber LC Swim Team	1:12.57	1:09.35
4 Duncan, Jacob 34.96	18	Nairn District Asc	1:10.78	1:10.19
5 Henry, Angus 34.79	15	Wick Amateur Swimming Club	1:09.16	1:11.30
6 Cann, William 34.39	16	Lochaber LC Swim Team	1:14.40	1:11.67
7 Weir, Lucas 35.93	14	Nairn District Asc	1:14.41	1:12.58
8 Lyon, Ross 37.94	15	Inverness Asc	1:17.01	1:16.93
9 Mackintosh, Calum 38.66	13	Grantown Swim Club	1:18.31	1:19.23
10 Cann, Connor 37.55	17	Lochaber LC Swim Team	1:16.95	1:19.33
11 Richards, Max 38.61	14	Inverness Asc	1:18.66	1:21.70
12 Sutherland, Lewis 41.09	12	Thurso A.S.C.	1:19.46	1:22.39
13 Malcolm, Kai 42.07	13	Lochaber LC Swim Team	1:25.22	1:24.07

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 207 Boys 100 SC Meter Backstroke Time Trial)**

Name	Age	Team	Seed Time	Finals Time
14 Laditi, Emmanuel 40.68	14	Inverness Asc	1:23.20	1:25.14
15 Macaulay, Luke 40.58	15	Tain Asc	NT	1:25.15
16 Tait, Alistair 43.04	14	Lochaber LC Swim Team	1:30.47	1:26.00
17 Pickering, Louis 42.50	13	Thurso A.S.C.	1:22.41	1:26.37
18 MacCallum, Gabriel 43.13	14	Lochaber LC Swim Team	1:26.55	1:26.69
19 Henry, Chester 43.28	12	Wick Amateur Swimming Club	1:41.06	1:28.12
20 Talbot-Heigh, Freddie 42.81	12	Grantown Swim Club	1:42.05	1:28.54
21 Hatch, Neo 44.06	12	Forres Bluefins	1:26.78	1:30.05
22 Wetherell, Ethan 45.51	16	Forres Bluefins	1:33.83	1:31.94
23 Mackintosh, Aedan 44.44	13	Forres Bluefins	1:34.46	1:32.49
24 Franklin, Angus 46.44	13	Inverness Asc	1:26.00	1:36.47
25 Grier, Indigo 47.19	13	Lochaber LC Swim Team	1:51.81	1:40.94
26 Bromham, David 50.08	13	Inverness Asc	1:43.80	1:41.52
27 Martin, Jamie 49.27	11	Inverness Asc	1:49.24	1:41.53
28 Cann, Sean 50.13	10	Lochaber LC Swim Team	2:09.03	1:42.13
29 Sutherland, Charlie 50.51	11	Thurso A.S.C.	1:55.20	1:42.56
30 Houston, Aaron 50.38	14	Inverness Asc	1:41.70	1:43.38
31 Fitzpatrick, James 50.43	12	Inverness Asc	1:45.16	1:43.42
32 Richards, Harvey	11	Inverness Asc	1:32.01	1:43.78
33 Stewart, Alexander 54.10	12	Inverness Asc	2:25.04	1:47.84
34 Britton, Ben 52.13	11	Lochaber LC Swim Team	2:14.44	1:47.92
35 Ritchie, Marcus 54.14	12	Tain Asc	NT	1:47.95
36 Goldie, Magnus 51.80	13	Inverness Asc	1:50.79	1:49.41
37 Swan, Taylor 58.85	11	Thurso A.S.C.	1:43.80	1:56.38
38 Sutherland, Scott B 54.17	11	Thurso A.S.C.	1:51.38	1:56.50
39 Sutherland, Calum 1:00.69	12	Inverness Asc	2:14.32	2:06.46



## HST Timing Session - 21/01/2017 to 22/01/2017

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## Results

**- Time Trial ... (Event 207 Boys 100 SC Meter Backstroke Time Trial)**

Name	Age	Team	Seed Time	Finals Time
--- Read, Findlay 42.70	13	Swim Western Isles	1:37.34	DQ
--- Matheson, Donald	14	Swim Western Isles	1:19.87	NS

**Event 208 Mixed 400 SC Meter Freestyle Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Squires, Graeme 32.71 1:07.43 2:17.00	16	Nairn District Asc	4:34.94	4:31.79
2 Sutherland, Finlay 30.08 1:05.06 2:16.24	16	Inverness Asc	4:34.97	4:36.40
3 Morris, Lyall 31.57 1:06.06 2:18.41	16	Lochaber LC Swim Team	5:28.62	4:46.85
4 Henry, Angus 33.70 1:10.38 2:24.69	15	Wick Amateur Swimming Club	4:47.97	4:49.00
5 Hay, Katie 31.31 1:05.75 2:19.96	13	Inverness Asc	4:49.55	4:50.17
6 Budge, Isla 32.39 1:07.74 2:21.40	16	Swim Western Isles	4:42.89	4:51.56
7 Hanlon, Matthew 34.16 1:10.66 2:25.52	15	Swim Western Isles	5:02.00	4:53.37
8 Nelson, Bailey 33.68 1:10.98 2:27.29	18	Tain Asc	4:53.22	4:55.30
9 Magill, Ceitidh 34.36 1:11.95 2:27.45	15	Inverness Asc	4:52.73	4:56.13
10 Airey, Andrew 32.42 1:08.27 2:25.86	15	Inverness Asc	5:17.40	4:57.90
11 Weir, Lucas 35.05 1:13.19 2:30.46	14	Nairn District Asc	4:59.03	4:57.91
12 Maclean, Jenna 35.14 1:12.74 2:29.00	13	Lochaber LC Swim Team	4:58.06	4:58.69
13 Wisely, Daisy 34.03 1:12.27 2:29.17	14	Inverness Asc	4:58.62	5:04.68
14 Gordon, Siobhan 34.95 1:12.77 2:30.77	15	Lochaber LC Swim Team	5:04.72	5:05.53
15 Stevens, Craig 34.65 1:12.96 2:30.83	13	Forres Bluefins	5:16.46	5:06.08
16 Mckay, Aimee 33.30 1:10.97 2:28.93	16	Lochaber LC Swim Team	5:34.38	5:06.58
17 Schulz, Jessica 36.28 1:16.88 2:39.34	13	Grantown Swim Club	5:44.34	5:15.46
18 McDonald, Erin 33.55 1:12.18 2:34.22	17	Thurso A.S.C.	5:30.59	5:16.45
19 Lyon, Ross 35.78 1:15.42 2:36.68	15	Inverness Asc	5:10.47	5:23.75
20 Reid, Anna 35.78 1:15.24 2:38.23	14	Nairn District Asc	5:35.29	5:27.62
21 Martin, Ben 37.08 1:20.09 2:46.53	15	Inverness Asc	5:40.62	5:30.61
22 Clark, Evie-Jay 36.77 1:18.82 2:44.48	12	Lochaber LC Swim Team	5:30.69	5:31.55
23 MacPherson, Alice Ann 38.90 1:21.49 2:46.15	13	Lochaber LC Swim Team	5:34.84	5:31.93

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Results

- Time Trial ... (Event 208 Mixed 400 SC Meter Freestyle Time Trial)

Name	Age	Team	Seed Time	Finals Time
24 Murray, Melissa	16	Nairn District Asc	5:48.93	5:36.04
38.46 1:20.79 2:46.77				
25 Cosens, Elise	12	Tain Asc	5:36.88	5:37.76
38.50 1:21.12 2:47.31				
26 Carty, Jenna	15	Forres Bluefins	5:39.42	5:41.81
38.39 1:21.14 2:49.04				
27 Fishenden, Emma	14	Wick Amateur Swimming Club	6:28.61	5:48.08
38.68 1:21.62 2:50.94				
28 Matthew, Isobel	18	Inverness Asc	5:52.73	5:52.26
40.09 1:24.81 3:40.72				
29 MacBean, Mairi	13	Inverness Asc	5:49.32	5:58.91
40.49 1:25.76 2:57.98				
30 Wetherell, Ethan	16	Forres Bluefins	NT	6:07.49
40.41 1:26.84 3:02.50				
31 Grant, Euan	13	Nairn District Asc	6:34.22	6:09.04
40.58 1:26.65 3:02.49				
32 Kyle, Jude	13	Lochaber LC Swim Team	NT	6:27.30
45.41 1:34.05 3:13.22				
33 Forgie, Christian	15	Nairn District Asc	NT	6:28.91
43.12 1:30.81 3:10.52				
34 Campbell, Andrew J	13	Thurso A.S.C.	6:39.20	6:34.93
42.11 1:30.90 3:13.75				
35 Franklin, Angus	13	Inverness Asc	NT	6:35.18
40.52 1:29.76 3:12.27				
36 Woodman, Darcey	11	Nairn District Asc	6:59.39	6:36.15
43.69 1:34.01 3:16.60				
37 Banford, Ben	12	Forres Bluefins	7:18.14	6:53.11
46.05 1:36.27 3:22.82				
--- Cann, Connor	17	Lochaber LC Swim Team	5:28.53	NS
--- Lee, Erin	15	Inverness Asc	5:15.93	NS

Event 301 Mixed 1500 SC Meter Freestyle Time Trial

Name	Age	Team	Seed Time	Finals Time
- Time Trial				
1 Williams, Luke	17	Inverness Asc	18:15.00	18:19.19
33.01 1:09.15 2:22.58 4:48.73 9:42.28				
2 Sutherland, Finlay	16	Inverness Asc	18:23.42	18:57.39
32.39 1:09.00 2:23.94 4:55.39 10:05.68				
3 Hay, Katie	13	Inverness Asc	19:46.74	19:22.73
31.69 1:07.79 2:26.33 5:03.92 10:21.72				
4 Kerr, Hannah	16	Inverness Asc	19:07.41	19:28.78
33.67 1:11.56 2:28.28 5:04.86 10:18.48				
5 Wisely, Daisy	14	Inverness Asc	21:28.00	19:53.74
35.01 1:14.41 2:32.73 5:11.70 10:34.00				
6 Stevens, Craig	13	Forres Bluefins	20:38.46	20:26.06
35.48 1:16.03 2:37.51 5:21.14 10:48.74				
7 McCoustra, Mark D	15	Thurso A.S.C.	21:17.92	20:38.46
34.47 1:12.62 2:32.38 5:17.18 10:52.83				
8 Lyon, Ross	15	Inverness Asc	NT	20:58.53
35.32 1:15.11 2:36.62 5:26.27 11:11.08				
9 Smith, Abi	14	Nairn District Asc	23:35.31	22:00.04
39.29 1:22.61 2:51.33 5:49.48 11:46.07				

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 301 Mixed 1500 SC Meter Freestyle Time Trial)**

Name	Age	Team	Seed Time	Finals Time
10 Hatch, Neo	12	Forres Bluefins	26:13.94	24:42.04
39.36 1:27.51 3:07.15 6:28.33 13:08.97				

**Event 302 Girls 200 SC Meter Backstroke Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Scott, Morven	16	Nairn District Asc	2:29.37	2:26.31
33.20 1:10.49				
2 Beattie, Louise	14	Inverness Asc	2:33.36	2:29.41
34.35 1:12.19				
3 Williamson, Lucy	16	Inverness Asc	2:33.59	2:33.02
36.35 1:15.58				
4 Doig, Lucienne M	16	Swim Western Isles	2:38.33	2:33.30
35.84 1:14.55				
5 Nelson, Bailey	18	Tain Asc	2:36.70	2:39.13
37.94 1:17.95				
6 McDonald, Erin	17	Thurso A.S.C.	2:38.83	2:40.30
37.24 1:17.63				
7 Clark, Evie-Jay	12	Lochaber LC Swim Team	2:42.98	2:40.71
37.65 1:18.84				
8 Wood, Maree	14	Tain Asc	2:39.81	2:41.57
36.22 1:18.00				
9 Mckay, Aimee	16	Lochaber LC Swim Team	2:53.90	2:41.94
36.85 1:18.60				
10 Valentine, Poppy	13	Lochaber LC Swim Team	2:45.24	2:44.04
38.05 1:20.20				
11 Mill, Emma S	12	Thurso A.S.C.	2:46.73	2:45.01
37.64 1:20.53				
12 Budge, Isla	16	Swim Western Isles	2:47.00	2:45.19
38.92 1:21.00				
13 Grant, Bethan	14	Nairn District Asc	2:42.17	2:45.55
37.61 1:19.50				
14 Hay, Katie	13	Inverness Asc	2:51.87	2:45.60
38.34 1:20.82				
15 Fishenden, Emma	14	Wick Amateur Swimming Club	3:02.26	2:47.67
39.32 1:22.40				
16 Reid, Anna	14	Nairn District Asc	2:50.14	2:49.36
39.05 1:21.81				
17 MacPherson, Alice Ann	13	Lochaber LC Swim Team	2:59.93	2:49.62
40.89 1:24.19				
18 Cosens, Elise	12	Tain Asc	3:04.85	2:50.83
39.25 1:22.89				
19 Schulz, Jessica	13	Grantown Swim Club	2:55.33	2:55.06
40.94 1:25.64				
20 Martin, Rosie	13	Inverness Asc	2:56.52	2:55.78
40.99 1:26.34				
21 McMaster, Danielle	13	Grantown Swim Club	3:28.50	2:58.12
40.85 1:26.86				
22 Murray, Melissa	16	Nairn District Asc	2:55.73	2:58.65
42.57 1:27.89				
23 MacBean, Mairi	13	Inverness Asc	2:57.24	3:03.19
43.54 1:30.41				

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 302 Girls 200 SC Meter Backstroke Time Trial)**

Name	Age	Team	Seed Time	Finals Time
24 Smith-Macaulay, Rosie 44.64 1:33.95	14	Nairn District Asc	3:08.34	3:08.26
25 Graham, Caitlin 45.41 1:35.34	14	Inverness Asc	NT	3:15.11
26 Smith, Ella 44.85 1:33.65	15	Lochaber LC Swim Team	3:14.81	3:17.58
27 Urquhart, Rachel 48.25 1:40.12	15	Nairn District Asc	3:44.67	3:24.73
28 Woodman, Darcey 50.82 1:44.29	11	Nairn District Asc	3:48.97	3:30.13
29 Mackintosh, Fiona 50.22 1:46.07	13	Nairn District Asc	4:09.23	3:37.09
30 Bain, Keira 48.73 1:44.86	11	Thurso A.S.C.	3:44.18	3:40.07
--- Mackay, Eilidh 41.81 1:28.07	14	Nairn District Asc	3:03.46	DQ
--- Murray, Rachel 39.90 1:22.96	13	Swim Western Isles	2:43.87	DQ
--- Coia-Gamble, Kaitlin 38.21 1:19.75	13	Inverness Asc	2:43.72	DQ

**Event 303 Boys 100 SC Meter Butterfly Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Sutherland, Finlay 30.24	16	Inverness Asc	1:03.87	1:04.52
2 Duncan, Jacob 30.24	18	Nairn District Asc	1:06.85	1:05.39
3 Squires, Graeme 33.11	16	Nairn District Asc	1:07.90	1:07.92
4 Lee, Angus 32.16	17	Inverness Asc	1:10.18	1:08.90
5 Cann, Connor 31.71	17	Lochaber LC Swim Team	1:09.16	1:10.02
6 Gumbrell, Euan 31.13	16	Inverness Asc	1:10.54	1:10.22
7 Hanlon, Matthew 33.35	15	Swim Western Isles	1:13.63	1:12.48
8 Morris, Lyall 32.93	16	Lochaber LC Swim Team	1:19.40	1:12.74
9 Cann, William 32.42	16	Lochaber LC Swim Team	1:14.72	1:14.41
10 Morris, Cameron 33.87	17	Lochaber LC Swim Team	1:14.91	1:16.23
11 Airey, Andrew 36.47	15	Inverness Asc	1:20.10	1:19.30
12 Martin, Ben 36.72	15	Inverness Asc	1:28.25	1:23.28
13 Evans, Bruce 41.85	12	Forres Bluefins	1:32.16	1:31.76
14 Campbell, Andrew J 41.63	13	Thurso A.S.C.	1:39.43	1:34.46

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 303 Boys 100 SC Meter Butterfly Time Trial)**

Name	Age	Team	Seed Time	Finals Time
15 Mackintosh, Calum 43.44	13	Grantown Swim Club	1:35.68	1:34.56
16 Hatch, Neo 44.89	12	Forres Bluefins	1:37.95	1:37.43
17 Bryan, Sam 44.52	13	Inverness Asc	1:53.22	1:42.69
18 Houston, Aaron 45.75	14	Inverness Asc	1:49.89	1:45.99
19 Mackintosh, Aedan 48.65	13	Forres Bluefins	1:54.66	1:46.87
20 Urquhart, Bailey 50.36	11	Nairn District Asc	1:58.94	1:46.97
21 Mckay, Hamish 48.18	13	Lochaber LC Swim Team	NT	1:55.98
--- Swan, Taylor 8.3 Movements of the legs not simultaneous 59.75	11	Thurso A.S.C.	1:54.25	DQ
--- Wetherell, Ethan 8.3 Movements of the legs not simultaneous 43.40	16	Forres Bluefins	1:43.90	DQ
--- Franklin, Angus 8.3 Movements of the legs not simultaneous 43.89	13	Inverness Asc	1:35.09	DQ
--- Macrae, Liam 8.5 Not on surface during stroke (except during first 15m following start or turn 1:07.96	11	Tain Asc	NT	DQ

**Event 304 Girls 100 SC Meter Freestyle Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Offer, Kathryn 28.46	25	Swim Western Isles	1:01.09	59.05
2 Budge, Isla 29.00	16	Swim Western Isles	1:01.45	1:00.98
3 Scott, Morven 29.68	16	Nairn District Asc	1:00.44	1:01.69
4 McDonald, Erin 30.27	17	Thurso A.S.C.	1:05.27	1:03.27
5 Hay, Katie 31.53	13	Inverness Asc	1:03.13	1:03.33
6 Williamson, Lucy 30.84	16	Inverness Asc	1:03.03	1:03.54
7 Beattie, Louise 30.38	14	Inverness Asc	1:04.06	1:03.59
8 Prosser, Fay 30.68	17	Forres Bluefins	1:02.55	1:04.12
9 Maclean, Jenna 31.14	13	Lochaber LC Swim Team	1:05.90	1:04.57
10 Mackay, Alex 31.14	15	Thurso A.S.C.	1:04.44	1:04.84
11 Lawrie, Brooke 31.93	16	Nairn District Asc	1:05.10	1:06.17

## HST Timing Session - 21/01/2017 to 22/01/2017

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## Results

**- Time Trial ... (Event 304 Girls 100 SC Meter Freestyle Time Trial)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
12	Gordon, Siobhan 32.17	15	Lochaber LC Swim Team	1:07.94	1:07.37
13	Jackson, Millie 32.23	15	Lochaber LC Swim Team	1:09.84	1:07.54
14	Wisely, Daisy 32.26	14	Inverness Asc	1:08.80	1:07.87
15	Mill, Emma S 32.62	12	Thurso A.S.C.	1:10.81	1:08.38
16	Cosens, Elise 32.51	12	Tain Asc	1:15.32	1:08.42
17	Wood, Maree 31.71	14	Tain Asc	1:10.11	1:08.46
18	Waudby-West, Freya 32.56	15	Inverness Asc	1:08.92	1:09.50
19	Fishenden, Emma 33.70	14	Wick Amateur Swimming Club	1:13.45	1:09.63
20	Carty, Jenna 33.67	15	Forres Bluefins	1:10.49	1:10.75
21	MacPherson, Alice Ann 34.33	13	Lochaber LC Swim Team	1:11.99	1:10.76
22	Clark, Evie-Jay 34.51	12	Lochaber LC Swim Team	1:14.60	1:11.03
23	Valentine, Poppy 34.45	13	Lochaber LC Swim Team	1:12.66	1:11.56
24	Morland, Scarlett 32.82	14	Unattached	1:12.65	1:11.93
25	Mcmaster, Danielle 33.93	13	Grantown Swim Club	1:13.93	1:11.96
26	Nellies, Morgan 34.34	14	Thurso A.S.C.	1:13.61	1:13.02
27	Murray, Melissa 34.51	16	Nairn District Asc	1:12.06	1:13.17
28	Macdougall, Ellie-Kate 34.83	13	Inverness Asc	1:12.56	1:13.62
29	MacBean, Mairi 36.10	13	Inverness Asc	1:16.98	1:14.19
30	Smith-Macaulay, Rosie 35.91	14	Nairn District Asc	1:18.89	1:14.75
31	MacLeod, Abbie 36.08	13	Inverness Asc	1:18.03	1:15.37
32	Murray, Rachel 36.61	13	Swim Western Isles	1:13.64	1:15.68
33	Martin, Rosie 35.88	13	Inverness Asc	1:16.60	1:15.81
34	MacLeod, Olivia 36.15	12	Tain Asc	1:22.55	1:15.82
35	Maclean, Danni 36.48	12	Lochaber LC Swim Team	1:20.15	1:16.57
36	Mcmaster, Lucy Ella 35.72	11	Grantown Swim Club	1:30.00	1:16.66
37	Gillibrand, Holly 35.51	12	Thurso A.S.C.	1:20.80	1:17.42

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 304 Girls 100 SC Meter Freestyle Time Trial)**

Name	Age	Team	Seed Time	Finals Time
38 Wetherell, Maddie 38.61	13	Forres Bluefins	1:21.33	1:19.48
39 Cormack, Emma 37.80	13	Thurso A.S.C.	1:26.18	1:19.92
40 Wood, Claire 37.57	13	Tain Asc	1:24.07	1:20.36
41 Gordon, Abby 37.93	15	Inverness Asc	1:20.57	1:20.59
42 McIntosh, Hope 39.41	13	Forres Bluefins	1:22.04	1:20.93
43 Laditi, Hannah 38.56	13	Inverness Asc	1:22.82	1:21.04
44 Dignan, Iona 37.89	11	Lochaber LC Swim Team	1:26.69	1:21.22
45 Lloyd, Alice 38.36	15	Inverness Asc	1:20.78	1:22.04
46 Graham, Caitlin 38.82	14	Inverness Asc	1:24.16	1:22.35
47 Kennedy, Sharleen 39.34	13	Nairn District Asc	1:23.90	1:22.59
48 Powell, Jessica 39.60	10	Forres Bluefins	1:49.45	1:23.20
*49 Grist, Emily 38.83	11	Inverness Asc	1:29.91	1:23.37
*49 Loughray, Hannah 39.11	12	Lochaber LC Swim Team	1:27.12	1:23.37
51 Milligan, Rosie 39.52	12	Tain Asc	1:35.47	1:23.75
52 McGilivray, Caitlin 39.97	12	Lochaber LC Swim Team	1:30.62	1:24.16
53 Darroch, Rianna 38.90	12	Inverness Asc	1:24.85	1:24.36
54 Oliver, Kirsty 40.32	11	Lochaber LC Swim Team	1:30.16	1:25.16
55 Ross, Eleanor 39.63	11	Tain Asc	1:31.98	1:25.70
56 Woodman, Darcey 41.43	11	Nairn District Asc	1:37.50	1:26.09
57 Mackintosh, Fiona 40.73	13	Nairn District Asc	1:29.83	1:26.28
58 Murray, Chloe 41.48	12	Inverness Asc	1:29.56	1:26.29
59 Gillespie, Sophie 43.22	14	Nairn District Asc	1:27.66	1:28.28
60 Urquhart, Rachel 41.32	15	Nairn District Asc	1:21.91	1:28.30
61 Custodio, Olivia 40.58	12	Forres Bluefins	1:39.18	1:29.11
62 Custodio, Sadie 42.10	14	Forres Bluefins	1:23.75	1:29.58
63 McGibbon, Kaitlyn 42.20	14	Inverness Asc	1:28.45	1:29.84

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 304 Girls 100 SC Meter Freestyle Time Trial)**

Name	Age	Team	Seed Time	Finals Time
64 Coghill, Ashleigh 43.28	12	Thurso A.S.C.	1:40.91	1:32.76
65 Morgan, Elizabeth 44.24	11	Lochaber LC Swim Team	1:40.84	1:32.95
66 Bathgate, Sophie R 43.88	12	Inverness Asc	1:33.36	1:33.43
67 Pawsey, Molly 44.02	12	Grantown Swim Club	1:40.23	1:35.11
68 McRae, Amy 45.11	12	Forres Bluefins	1:39.43	1:36.34
69 MacDonald, Loren 44.87	12	Inverness Asc	1:41.77	1:38.94
70 Wood, Alison 45.57	10	Tain Asc	1:48.00	1:39.54
71 Gumbrell, Cara 45.54	10	Inverness Asc	NT	1:41.47
72 Ferries, Iona 45.33	12	Tain Asc	NT	1:43.16
73 Bryan, Nikita 50.39	10	Inverness Asc	NT	1:45.36
74 Garvie, Isobel 50.86	11	Inverness Asc	1:59.15	1:45.81
75 McNally, Shannon 47.55	12	Forres Bluefins	1:49.32	1:46.15
76 Ross, Eve 49.02	10	Nairn District Asc	2:15.49	1:47.01
77 Macpherson, Jessica 53.06	10	Nairn District Asc	2:18.22	1:50.35
--- Bromham, Megan 36.35	11	Inverness Asc	1:22.10	DQ

**Event 305 Boys 200 SC Meter Backstroke Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Gatton, Andrew 33.38 1:09.20	16	Inverness Asc	2:20.51	2:21.48
2 Squires, Graeme 34.75 1:12.15	16	Nairn District Asc	2:26.17	2:24.83
3 Duncan, Jacob 35.73 1:13.91	18	Nairn District Asc	2:29.95	2:28.62
4 Hamilton, Jack 35.04 1:13.64	16	Lochaber LC Swim Team	2:31.90	2:29.84
5 Henry, Angus 35.61 1:14.40	15	Wick Amateur Swimming Club	2:32.06	2:31.98
6 Weir, Lucas 37.77 1:17.29	14	Nairn District Asc	2:35.36	2:33.23
7 Cann, William 36.70 1:15.78	16	Lochaber LC Swim Team	2:35.22	2:36.65
8 Airey, Andrew 37.68 1:17.65	15	Inverness Asc	2:38.88	2:38.51
9 Gunn, Jack 37.67 1:18.97	15	Thurso A.S.C.	2:37.55	2:40.58



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## Results

**- Time Trial ... (Event 305 Boys 200 SC Meter Backstroke Time Trial)**

Name	Age	Team	Seed Time	Finals Time
10 Lyon, Ross 38.08 1:19.18	15	Inverness Asc	2:42.01	2:43.89
11 Martin, Ben 39.62 1:22.73	15	Inverness Asc	2:44.37	2:47.15
12 Mackintosh, Calum 40.83 1:24.38	13	Grantown Swim Club	2:47.45	2:51.19
13 Richards, Max 39.87 1:25.26	14	Inverness Asc	2:53.94	2:54.10
14 Malcolm, Kai 42.67 1:28.71	13	Lochaber LC Swim Team	3:34.75	2:56.87
15 MacCallum, Gabriel 43.34 1:30.50	14	Lochaber LC Swim Team	NT	3:03.84
16 Tait, Alistair 42.97 1:29.75	14	Lochaber LC Swim Team	NT	3:04.04
17 Read, Findlay 42.79 1:31.31	13	Swim Western Isles	3:29.38	3:10.69
18 Bryan, Sam 46.56 1:35.60	13	Inverness Asc	NT	3:14.70
19 Urquhart, Bailey 49.25 1:38.70	11	Nairn District Asc	3:28.78	3:15.90
20 Grant, Euan 47.55 1:38.62	13	Nairn District Asc	3:16.47	3:17.01
21 Franklin, Angus 47.48	13	Inverness Asc	NT	3:21.87
22 Martin, Jamie 48.18 1:40.68	11	Inverness Asc	NT	3:23.67
23 Bromham, David 50.34 1:45.62	13	Inverness Asc	3:35.37	3:33.24

**Event 306 Girls 100 SC Meter Butterfly Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Scott, Morven 31.04	16	Nairn District Asc	1:05.92	1:06.46
2 Nelson, Bailey 34.19	18	Tain Asc	1:10.40	1:12.26
3 Hay, Katie 34.11	13	Inverness Asc	1:11.52	1:12.36
4 Budge, Isla 31.78	16	Swim Western Isles	1:12.80	1:12.86
5 Murray, Katie 33.56	17	Swim Western Isles	1:12.72	1:13.21
6 Prosser, Fay 34.02	17	Forres Bluefins	1:10.56	1:14.34
7 Mackay, Alex 33.34	15	Thurso A.S.C.	1:13.59	1:15.40
8 McMaster, Danielle 35.65	13	Grantown Swim Club	1:20.79	1:16.39
9 Mckay, Aimee 34.68	16	Lochaber LC Swim Team	1:18.50	1:16.99
10 Beattie, Louise 34.93	14	Inverness Asc	1:19.20	1:17.03

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 306 Girls 100 SC Meter Butterfly Time Trial)**

Name	Age	Team	Seed Time	Finals Time
11 Lawrie, Brooke 36.68	16	Nairn District Asc	1:12.06	1:17.96
12 Coia-Gamble, Kaitlin 38.01	13	Inverness Asc	1:22.61	1:24.25
13 Cosens, Elise 37.43	12	Tain Asc	1:34.81	1:26.55
14 Macdougall, Ellie-Kate 39.26	13	Inverness Asc	1:25.99	1:27.66
15 Murray, Rachel 42.32	13	Swim Western Isles	1:30.59	1:27.81
16 MacCallum, Rhianna 39.77	13	Lochaber LC Swim Team	1:27.62	1:28.22
17 Nellies, Morgan 38.86	14	Thurso A.S.C.	1:22.42	1:29.63
18 Schulz, Jessica 39.90	13	Grantown Swim Club	1:33.48	1:29.92
19 MacPherson, Alice Ann 42.60	13	Lochaber LC Swim Team	1:36.38	1:31.99
20 Smith, Ella 41.47	15	Lochaber LC Swim Team	1:28.12	1:32.63
21 Smith-Macaulay, Rosie 42.54	14	Nairn District Asc	1:34.50	1:32.83
22 MacBean, Mairi 43.61	13	Inverness Asc	1:42.18	1:33.78
23 MacLeod, Olivia 43.51	12	Tain Asc	NT	1:34.40
24 Gordon, Abby 42.72	15	Inverness Asc	1:36.54	1:36.20
25 Urquhart, Rachel 45.26	15	Nairn District Asc	1:40.17	1:36.27
26 Maclean, Danni 43.02	12	Lochaber LC Swim Team	NT	1:36.75
27 Lloyd, Alice 44.54	15	Inverness Asc	1:39.19	1:37.44
28 McMaster, Lucy Ella 44.36	11	Grantown Swim Club	1:58.24	1:40.12
29 Williamson, Amy 42.33	13	Wick Amateur Swimming Club	1:46.59	1:40.27
30 Martin, Rosie 45.24	13	Inverness Asc	1:42.45	1:42.18
31 Kennedy, Sharleen 49.33	13	Nairn District Asc	1:45.16	1:47.10
32 Grist, Emily 50.16	11	Inverness Asc	1:54.38	1:48.20
33 Wood, Claire 44.99	13	Tain Asc	1:48.37	1:48.37
34 Wetherell, Maddie 50.99	13	Forres Bluefins	1:49.76	1:49.62
35 Milligan, Rosie 47.59	12	Tain Asc	2:03.12	1:49.99
36 Custodio, Sadie 50.07	14	Forres Bluefins	1:51.03	1:51.57

## HST Timing Session - 21/01/2017 to 22/01/2017

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## Results

**- Time Trial ... (Event 306 Girls 100 SC Meter Butterfly Time Trial)**

Name	Age	Team	Seed Time	Finals Time
37 McGibbon, Kaitlyn 49.08	14	Inverness Asc	1:54.92	1:53.97
38 Mackintosh, Fiona 51.45	13	Nairn District Asc	1:54.82	1:56.24
39 Bain, Keira 53.10	11	Thurso A.S.C.	1:54.42	1:59.38
40 Gillespie, Sophie 54.26	14	Nairn District Asc	2:02.00	2:01.52
--- Morland, Scarlett	14	Unattached	1:24.51	NS

**Event 307 Boys 100 SC Meter Freestyle Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Duncan, Jacob 28.55	18	Nairn District Asc	59.56	58.51
2 Gumbrell, Euan 28.04	16	Inverness Asc	58.86	59.18
3 McRitchie, Ewan 28.51	17	Forres Bluefins	59.76	59.56
4 Morris, Lyall 29.55	16	Lochaber LC Swim Team	59.78	59.99
5 Lee, Angus 28.91	17	Inverness Asc	1:00.89	1:00.46
6 Hamilton, Jack 29.40	16	Lochaber LC Swim Team	1:02.66	1:00.73
7 Henry, Angus 30.10	15	Wick Amateur Swimming Club	1:00.02	1:01.24
8 Gatton, Andrew 29.95	16	Inverness Asc	1:00.46	1:01.76
9 Cann, William 29.85	16	Lochaber LC Swim Team	1:02.47	1:01.89
10 Hanlon, Matthew 30.07	15	Swim Western Isles	1:03.18	1:02.23
11 Squires, Graeme 31.31	16	Nairn District Asc	1:04.34	1:02.25
12 Weir, Lucas 30.76	14	Nairn District Asc	1:03.99	1:03.34
13 Gunn, Jack 30.71	15	Thurso A.S.C.	1:03.31	1:04.32
14 Cann, Connor 30.97	17	Lochaber LC Swim Team	1:04.54	1:04.97
15 Pickering, Louis 31.51	13	Thurso A.S.C.	1:06.70	1:05.88
16 Morris, Cameron 32.34	17	Lochaber LC Swim Team	1:03.53	1:06.59
17 Airey, Andrew 32.76	15	Inverness Asc	1:06.73	1:07.67
18 Lyon, Ross 33.14	15	Inverness Asc	1:07.76	1:07.84
19 Nicol, James 33.55	15	Forres Bluefins	1:12.27	1:08.80
20 Laditi, Emmanuel 33.30	14	Inverness Asc	1:12.07	1:11.30

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ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 307 Boys 100 SC Meter Freestyle Time Trial)**

Name	Age	Team	Seed Time	Finals Time
21 Mackintosh, Calum 34.71	13	Grantown Swim Club	1:16.32	1:13.49
22 Richards, Max 35.05	14	Inverness Asc	1:12.21	1:13.80
23 Grant, Euan 36.39	13	Nairn District Asc	1:20.37	1:15.65
24 Malcolm, Kai 37.66	13	Lochaber LC Swim Team	1:17.56	1:16.15
25 Henry, Chester 35.83	12	Wick Amateur Swimming Club	1:27.69	1:16.25
26 Evans, Bruce 35.86	12	Forres Bluefins	1:14.43	1:16.93
27 MacCallum, Gabriel 38.39	14	Lochaber LC Swim Team	1:17.10	1:17.90
28 Wetherell, Ethan 38.05	16	Forres Bluefins	1:19.43	1:19.00
29 Bryan, Sam 39.31	13	Inverness Asc	1:21.97	1:24.16
30 Mackintosh, Aedan 40.47	13	Forres Bluefins	1:25.36	1:24.63
31 Franklin, Angus 38.62	13	Inverness Asc	1:16.04	1:24.80
32 Atkinson, Alex 40.32	11	Lochaber LC Swim Team	1:28.00	1:25.31
33 Urquhart, Bailey 42.07	11	Nairn District Asc	1:33.22	1:25.61
34 Richards, Harvey 39.84	11	Inverness Asc	1:39.13	1:26.04
35 Ritchie, Marcus 41.91	12	Tain Asc	1:34.25	1:27.23
36 Forgie, Christian 42.00	15	Nairn District Asc	1:34.23	1:27.38
37 Fitzpatrick, James 41.93	12	Inverness Asc	1:37.65	1:28.30
38 Mckay, Hamish 41.78	13	Lochaber LC Swim Team	1:30.75	1:28.31
39 Jones, Cameron 41.46	11	Forres Bluefins	1:33.05	1:28.41
40 Houston, Aaron 43.02	14	Inverness Asc	1:34.00	1:29.41
41 Cann, Sean 40.73	10	Lochaber LC Swim Team	1:37.10	1:31.98
42 Pawsey, Matthew 42.29	10	Grantown Swim Club	1:47.07	1:34.69
43 Goldie, Magnus 44.96	13	Inverness Asc	1:39.91	1:36.58
44 Martin, Jamie 46.34	11	Inverness Asc	1:49.00	1:37.35
45 Stewart, Alexander 47.04	12	Inverness Asc	1:57.09	1:39.29
46 Sutherland, Scott B 46.61	11	Thurso A.S.C.	1:40.97	1:41.83

## HST Timing Session - 21/01/2017 to 22/01/2017

ND/L2/011/JAN17

## Results

**- Time Trial ... (Event 307 Boys 100 SC Meter Freestyle Time Trial)**

Name	Age	Team	Seed Time	Finals Time
47 Bromham, David 48.53	13	Inverness Asc	1:37.60	1:42.23
48 Swan, Taylor 48.33	11	Thurso A.S.C.	1:28.79	1:42.90
49 Macrae, Liam	11	Tain Asc	NT	1:53.41
50 Sutherland, Calum 54.28	12	Inverness Asc	2:03.29	1:54.25
--- Morrison, Dylan	11	Inverness Asc	NT	NS

**Event 308 Mixed 400 SC Meter IM Time Trial**

Name	Age	Team	Seed Time	Finals Time
<b>- Time Trial</b>				
1 Sutherland, Finlay 31.90 1:10.59	16	Inverness Asc	5:01.04	5:09.19
2 Williamson, Lucy 34.69 1:13.87	16	Inverness Asc	5:22.76	5:21.12
3 Gumbrell, Euan 40.64 1:27.91	16	Inverness Asc	5:16.22	5:21.56
4 Mckay, Aimee 36.42 1:21.03	16	Lochaber LC Swim Team	5:35.74	5:35.65
5 Murray, Katie 37.20 1:20.64	17	Swim Western Isles	5:44.50	5:45.93
6 Jackson, Millie 37.48 1:22.19	15	Lochaber LC Swim Team	5:54.81	5:46.78
7 Maclean, Jenna 39.73 1:26.05	13	Lochaber LC Swim Team	6:01.41	5:48.48
8 Wood, Maree 37.50 1:25.73	14	Tain Asc	6:12.50	5:52.31
9 Gordon, Siobhan 39.61 1:27.61	15	Lochaber LC Swim Team	5:55.48	5:57.64
10 Martin, Ben 41.53 1:32.07	15	Inverness Asc	6:09.59	6:00.00
11 Mill, Emma S 35.18 1:19.85	12	Thurso A.S.C.	6:09.71	6:00.07
12 Carty, Jenna 39.62 1:30.72	15	Forres Bluefins	6:16.72	6:02.98
13 Reid, Anna 38.97 1:24.79	14	Nairn District Asc	6:15.75	6:12.05
14 Cosens, Elise 42.63 1:34.01	12	Tain Asc	NT	6:15.29
15 Bromham, Megan 43.88 1:36.61	11	Inverness Asc	6:54.12	6:37.68
16 Evans, Bruce 47.72 1:42.29	12	Forres Bluefins	8:13.43	6:44.74
17 MacLeod, Abbie 49.50 1:45.80	13	Inverness Asc	7:09.22	6:47.72
18 Campbell, Andrew J 43.66 1:40.48	13	Thurso A.S.C.	7:28.76	6:59.17
19 Bryan, Sam 52.53 1:57.36	13	Inverness Asc	NT	7:18.41