

## Individual Meet Results

HST Timing Session 28-Nov-15 to 29-Nov-15 [Ageup: 31/12/2015] SC Meters

Location: Aquadome

TAIN ASC [NTNX]

Time	F/P/S	Event	Place	Points	Improv
<b>Lucy Dornan (15) F</b>					
1:14.71S	T # 102	Female 100 IM	9	---	-5.85
2:51.89S	T # 106	Female 200 Breast	2	---	-1.70
2:28.99S	T # 204	Female 200 Free	12	---	7.85
1:21.17S	T # 206	Female 100 Breast	3	---	2.19
2:51.28S	T # 302	Female 200 Back	16	---	---
1:05.23S	T # 304	Female 100 Free	5	---	-0.42
<b>Eilidh Mackenzie (12) F</b>					
1:14.33S	T # 102	Female 100 IM	6	---	-2.16
1:16.75S	T # 104	Female 100 Back	4	---	-1.48
2:47.36S	T # 108	Female 200 Fly	3	---	3.87
2:43.67S	T # 202	Female 200 IM	8	---	-0.52
1:28.21S	T # 206	Female 100 Breast	9	---	-2.70
1:04.59S	T # 304	Female 100 Free	4	---	-1.98
1:13.75S	T # 306	Female 100 Fly	2	---	-1.07
<b>Olivia MacLeod (10) F</b>					
DQ	T # 102	Female 100 IM	---	---	---
3A 7.1 After the start or after each turn single fly kick not performed before the 1st breast					
1:34.07S	T # 304	Female 100 Free	54	---	---
<b>Isla McDonald (11) F</b>					
1:24.01S	T # 102	Female 100 IM	26	---	-2.93
1:24.95S	T # 104	Female 100 Back	19	---	-2.89
DQ	T # 206	Female 100 Breast	---	---	---
3L 7.4 Leg movements not simultaneous (alternating leg movement)					
1:14.70S	T # 304	Female 100 Free	25	---	-2.90
1:36.23S	T # 306	Female 100 Fly	26	---	---
<b>Rosie Milligan (10) F</b>					
1:50.73S	T # 102	Female 100 IM	56	---	-14.62
2:08.23S	T # 206	Female 100 Breast	55	---	---
<b>Bailey Nelson (16) F</b>					
1:16.66S	T # 102	Female 100 IM	12	---	0.47
1:17.16S	T # 104	Female 100 Back	7	---	-0.03
2:40.39S	T # 108	Female 200 Fly	1	---	0.59
2:42.00S	T # 202	Female 200 IM	7	---	1.31
5:03.92S	T # 208	Mixed 400 Free	9	---	4.10
2:42.98S	T # 302	Female 200 Back	9	---	1.29
1:08.00S	T # 304	Female 100 Free	10	---	0.16
5:39.67S	T # 308	Mixed 400 IM	10	---	0.53
<b>Marcus Ritchie (10) M</b>					
2:16.89S	T # 107	Male 100 Breast	30	---	---
1:47.39S	T # 307	Male 100 Free	29	---	---
<b>Claire Wood (11) F</b>					
1:44.29S	T # 102	Female 100 IM	53	---	0.59
1:51.50S	T # 104	Female 100 Back	43	---	---
1:56.92S	T # 206	Female 100 Breast	48	---	-3.47
1:34.33S	T # 304	Female 100 Free	55	---	-1.90
NS	T # 306	Female 100 Fly	---	---	---

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**Individual Meet Results****HST Timing Session 28-Nov-15 to 29-Nov-15 [Ageup: 31/12/2015] SC Meters****Location: Aquadome****TAIN ASC [NTNX]**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Maree Wood (12) F</b>					
1:22.64S	T # 104	Female 100 Back	14	---	0.08
3:27.95S	T # 106	Female 200 Breast	29	---	4.41
2:44.04S	T # 204	Female 200 Free	24	---	-4.22
1:38.75S	T # 206	Female 100 Breast	24	---	4.51
2:58.98S	T # 302	Female 200 Back	22	---	-13.71
1:15.04S	T # 304	Female 100 Free	26	---	-0.33

**HST Timing Session - 28/11/2015 to 29/11/2015****ND/L2/190/NOV15****Results****Event 101 Mixed 800 SC Meter Freestyle Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Squires, Graeme	14	Nairn District Asc	9:31.64
2 Gatton, Andrew	14	Inverness Asc	10:01.26
3 Budge, Isla	14	Swim Western Isles	10:19.92
4 Henry, Angus	13	Wick Amateur Swimming Club	10:31.23
5 MacBean, Seona	14	Inverness Asc	10:31.67
6 MacDonald, Lucy	16	Thurso A.S.C.	11:07.98
7 Gillies, Kirsty	13	Inverness Asc	11:20.42
8 Airey, Andrew	13	Inverness Asc	11:21.43
9 Lyon, Ross	13	Inverness Asc	11:34.00
10 Armstrong, Lily	12	Forres Bluefins	11:38.45
11 Talbot-Heigh, Joshua	11	Grantown Swim Club	12:17.98
12 Bremner, Kevagh	13	Wick Amateur Swimming Club	12:20.89
13 Williamson, Amy	11	Wick Amateur Swimming Club	14:29.31

**Event 102 Girls 100 SC Meter IM Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Scott, Morven	14	Nairn District Asc	1:09.16
2 Prosser, Fay	15	Forres Bluefins	1:11.18
3 Magill, Eilidh	15	Inverness Asc	1:12.32
4 McDonald, Erin	15	Thurso A.S.C.	1:12.51
5 Doig, Lucienne M	14	Swim Western Isles	1:12.94
*6 Williamson, Lucy	14	Inverness Asc	1:14.33
*6 Mackenzie, Eilidh	12	Tain Asc	1:14.33
8 Murray, Katie	15	Swim Western Isles	1:14.64
9 Dornan, Lucy	15	Tain Asc	1:14.71
10 Gillies, Katie	16	Inverness Asc	1:15.86
11 Fowler, Erica	14	Inverness Asc	1:16.10
12 Nelson, Bailey	16	Tain Asc	1:16.66
13 Mackay, Alex	13	Thurso A.S.C.	1:16.95
14 Magill, Ceitidh	13	Inverness Asc	1:17.56
15 Beattie, Louise	12	Inverness Asc	1:17.62
16 Duncan, Lucia	16	Inverness Asc	1:20.74
17 Miller, Isla	14	Wick Amateur Swimming Club	1:20.79
18 MacDonald, Lucy	16	Thurso A.S.C.	1:22.06
19 Lee, Erin	13	Inverness Asc	1:22.17
20 McRitchie, Eilidh	13	Forres Bluefins	1:22.37
21 Flavell, Emily	14	Thurso A.S.C.	1:22.98
22 Fraser, Lucy E	12	Thurso A.S.C.	1:22.99
23 Cochrane, Samantha	15	Inverness Asc	1:23.47
24 McDonald, Lucy	12	Thurso A.S.C.	1:23.60
25 Lisowska, Ania	11	Swim Western Isles	1:23.90
26 McDonald, Isla	11	Tain Asc	1:24.01
27 Wisely, Daisy	12	Inverness Asc	1:24.32
28 Gebicke-Kerr, Siobhan	16	Inverness Asc	1:24.45
29 Nellies, Morgan	12	Thurso A.S.C.	1:24.61
30 Fraser, Corey N	10	Thurso A.S.C.	1:25.45
31 Duncan, Madaline	15	Nairn District Asc	1:25.53
32 Gordon, Siobhan	13	Inverness Asc	1:25.82

**HST Timing Session - 28/11/2015 to 29/11/2015**

ND/L2/190/NOV15

**Results****- Time Trial ... (Event 102 Girls 100 SC Meter IM Time Trial)**

Name	Age	Team	Finals Time
33 Murray, Rachel	12	Swim Western Isles	1:26.42
34 Schulz, Jessica	11	Grantown Swim Club	1:27.16
35 Murray, Melissa	14	Nairn District Asc	1:28.55
36 Bain, Chelsea L	14	Thurso A.S.C.	1:28.83
37 Gillibrand, Holly	10	Thurso A.S.C.	1:28.88
38 Waudby-West, Freya	13	Inverness Asc	1:29.04
39 Armour, Katie	13	Inverness Asc	1:29.65
40 Fowler, Freya	12	Inverness Asc	1:30.29
41 Gordon, Abby	13	Inverness Asc	1:32.56
42 Durrand, Emma	12	Thurso A.S.C.	1:32.89
43 Garvie, Catriona	12	Inverness Asc	1:34.39
44 Loynd, Mairi	12	Inverness Asc	1:37.08
45 Martin, Rosie	11	Inverness Asc	1:37.09
46 MacBean, Mairi	11	Inverness Asc	1:38.35
47 McRitchie, Roslyn	10	Forres Bluefins	1:39.33
48 Oakes, Isla	10	Grantown Swim Club	1:39.53
49 Wetherell, Maddie	11	Forres Bluefins	1:42.25
50 Urquhart, Rachel	13	Nairn District Asc	1:42.68
51 Graham, Caitlin	12	Inverness Asc	1:42.89
52 Cormack, Emma	11	Thurso A.S.C.	1:43.32
53 Wood, Claire	11	Tain Asc	1:44.29
54 Nicolson, Hannah	10	Swim Western Isles	1:46.27
55 Darroch, Rianna	10	Inverness Asc	1:49.71
56 Milligan, Rosie	10	Tain Asc	1:50.73
57 Macleod, Abbie	11	Inverness Asc	1:51.16
58 Grist, Emily	9	Inverness Asc	1:51.57
59 Coghill, Ashleigh	10	Thurso A.S.C.	1:56.74
60 Pawsey, Molly	10	Grantown Swim Club	1:57.61
61 Smit, Karmiena	11	Swim Western Isles	2:00.98
62 Craig-Gould, Lily	9	Nairn District Asc	2:07.12
--- Lawrie, Brooke	14	Nairn District Asc	DQ
8.2 Arms not brought backward under the water simultaneously throughout race (SW8.5) - fly			
--- MacLeod, Olivia	10	Tain Asc	DQ
7.1 After the start or after each turn single fly kick not performed before the 1st breast			
--- Kersley, Lisa D	11	Thurso A.S.C.	DQ
8.5 More than one arm pull under water (following start or turn) - fly			
--- Garvie, Isobel	9	Inverness Asc	DQ
8.3 Movements of the legs not simultaneous - fly			

**Event 103 Boys 200 SC Meter Freestyle Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Lyon, Scott	16	Inverness Asc	2:10.03
2 Sutherland, Finlay	14	Inverness Asc	2:13.91
3 McRitchie, Ewan	15	Forres Bluefins	2:14.18
4 MacLean, Ryan	15	Grantown Swim Club	2:16.41
5 Paterson, Matthew	18	Nairn District Asc	2:19.07
6 Lee, Angus	15	Inverness Asc	2:20.06
7 MacDonald, Euan	13	Thurso A.S.C.	2:20.24
8 Hay, Struan	15	Inverness Asc	2:20.82
9 Hanlon, Matthew	13	Swim Western Isles	2:24.04

**HST Timing Session - 28/11/2015 to 29/11/2015**

ND/L2/190/NOV15

**Results****- Time Trial ... (Event 103 Boys 200 SC Meter Freestyle Time Trial)**

Name	Age	Team	Finals Time
10 Boyd, James	14	Forres Bluefins	2:27.32
11 Morris, Cameron	15	Inverness Asc	2:30.02
12 Stevens, Craig	11	Forres Bluefins	2:46.62
13 Nicolson, Gabriel	12	Swim Western Isles	2:46.85
14 Sutherland, Ben	12	Thurso A.S.C.	2:47.81
15 Macbeth, Lachlan	22	Inverness Asc	2:50.81
16 Nicol, James	13	Forres Bluefins	2:51.55
17 Mathieson, Drew	11	Wick Amateur Swimming Club	2:54.40
18 Carty, Max	11	Forres Bluefins	2:54.42
19 Evans, Bruce	10	Forres Bluefins	2:55.43
20 Perry, Scott	11	Forres Bluefins	3:00.22
21 Franklin, Angus	11	Inverness Asc	3:02.54
22 Stevens, Lewis	13	Forres Bluefins	3:02.69
23 Cochrane, Cameron	13	Inverness Asc	3:15.83
24 Campbell, Andrew J	11	Thurso A.S.C.	3:17.19

**Event 104 Girls 100 SC Meter Backstroke Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Murray, Katie	15	Swim Western Isles	1:11.69
2 Doig, Lucienne M	14	Swim Western Isles	1:12.84
3 Magill, Eilidh	15	Inverness Asc	1:15.56
4 Mackenzie, Eilidh	12	Tain Asc	1:16.75
5 Gillies, Katie	16	Inverness Asc	1:16.80
6 Beattie, Louise	12	Inverness Asc	1:17.10
7 Nelson, Bailey	16	Tain Asc	1:17.16
8 Fowler, Erica	14	Inverness Asc	1:17.36
9 MacBean, Seona	14	Inverness Asc	1:17.89
10 Grant, Bethan	12	Nairn District Asc	1:18.92
11 Duncan, Lucia	16	Inverness Asc	1:19.16
12 Calder, Sarah	14	Inverness Asc	1:20.47
13 Bremner, Kevagh	13	Wick Amateur Swimming Club	1:22.19
14 Wood, Maree	12	Tain Asc	1:22.64
15 Coia-Gamble, Kaitlin	11	Inverness Asc	1:23.09
16 Lee, Erin	13	Inverness Asc	1:23.78
17 Day, Nyomi H	13	Thurso A.S.C.	1:23.86
18 Gebicke-Kerr, Siobhan	16	Inverness Asc	1:24.18
19 McDonald, Isla	11	Tain Asc	1:24.95
20 Fishenden, Emma	12	Wick Amateur Swimming Club	1:25.53
21 Murray, Rachel	12	Swim Western Isles	1:26.42
22 Bain, Chelsea L	14	Thurso A.S.C.	1:26.65
23 Nellies, Morgan	12	Thurso A.S.C.	1:26.79
24 Mill, Emma S	10	Thurso A.S.C.	1:26.81
25 Macdougall, Ellie-Kate	11	Inverness Asc	1:26.88
26 Wisely, Daisy	12	Inverness Asc	1:26.96
27 Schulz, Jessica	11	Grantown Swim Club	1:28.85
28 Murray, Melissa	14	Nairn District Asc	1:29.45
29 Brain, Isla	11	Forres Bluefins	1:29.97
30 Durrand, Emma	12	Thurso A.S.C.	1:30.67
31 Armour, Katie	13	Inverness Asc	1:30.87
32 Martin, Rosie	11	Inverness Asc	1:33.81

**HST Timing Session - 28/11/2015 to 29/11/2015**

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**Results****- Time Trial ... (Event 104 Girls 100 SC Meter Backstroke Time Trial)**

Name	Age	Team	Finals Time
33 Loynd, Mairi	12	Inverness Asc	1:37.79
34 Gordon, Abby	13	Inverness Asc	1:37.91
35 Graham, Caitlin	12	Inverness Asc	1:38.47
36 Oakes, Isla	10	Grantown Swim Club	1:38.54
37 Kersley, Lisa D	11	Thurso A.S.C.	1:39.41
38 MacBean, Mairi	11	Inverness Asc	1:39.82
39 Cameron, Lydia	10	Forres Bluefins	1:39.93
40 Cormack, Emma	11	Thurso A.S.C.	1:45.49
41 McMaster, Danielle	11	Grantown Swim Club	1:45.51
42 Grist, Emily	9	Inverness Asc	1:47.16
43 Wood, Claire	11	Tain Asc	1:51.50
44 Mackay, Eilidh	12	Nairn District Asc	1:52.54
45 McMaster, Lucy Ella	9	Grantown Swim Club	1:52.98
46 Darroch, Rianna	10	Inverness Asc	1:54.23
47 Bain, Keira	9	Thurso A.S.C.	1:59.70
48 Szczypior, Nicola	9	Grantown Swim Club	2:11.71
49 Craig-Gould, Lily	9	Nairn District Asc	2:14.04
50 Adams, Kimberley	11	Thurso A.S.C.	2:21.09
--- Gillibrand, Holly	10	Thurso A.S.C.	DQ
6.5 Did not touch the wall during the turn			
--- Urquhart, Rachel	13	Nairn District Asc	DQ
6.5 Single or double simultaneous arm pull used to initiate turn or not performed immediat			
--- Williamson, Lucy	14	Inverness Asc	DQ
4.4 Starting before starting signal			

**Event 105 Boys 200 SC Meter IM Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Duncan, Jacob	16	Nairn District Asc	2:24.08
2 MacDonald, Euan	13	Thurso A.S.C.	2:32.58
3 Sutherland, Finlay	14	Inverness Asc	2:33.41
4 Lee, Angus	15	Inverness Asc	2:36.40
5 Hay, Struan	15	Inverness Asc	2:37.55
6 Forbes, Stephen	15	Thurso A.S.C.	2:41.20
7 Paterson, Matthew	18	Nairn District Asc	2:43.09
8 Hanlon, Matthew	13	Swim Western Isles	2:43.52
9 McCoustra, Mark D	13	Thurso A.S.C.	2:55.64
10 Macbeth, Lachlan	22	Inverness Asc	3:10.05
11 Mackintosh, Calum	11	Grantown Swim Club	3:12.18
12 Askari, Fahmad	12	Inverness Asc	3:15.10
13 Sutherland, Lewis	10	Thurso A.S.C.	3:18.95
14 Grant, Euan	11	Nairn District Asc	3:36.07
15 Cochrane, Cameron	13	Inverness Asc	3:42.30

**Event 106 Girls 200 SC Meter Breaststroke Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Scott, Morven	14	Nairn District Asc	2:46.74
2 Dornan, Lucy	15	Tain Asc	2:51.89
3 Doig, Lucienne M	14	Swim Western Isles	2:56.55
4 Gillies, Kirsty	13	Inverness Asc	2:57.45

**HST Timing Session - 28/11/2015 to 29/11/2015**

ND/L2/190/NOV15

**Results****- Time Trial ... (Event 106 Girls 200 SC Meter Breaststroke Time Trial)**

Name	Age	Team	Finals Time
5 McDonald, Erin	15	Thurso A.S.C.	2:59.67
6 Fowler, Erica	14	Inverness Asc	3:00.81
7 Prosser, Fay	15	Forres Bluefins	3:01.93
8 Magill, Ceitidh	13	Inverness Asc	3:06.12
9 McRitchie, Eilidh	13	Forres Bluefins	3:07.17
10 Mckay, Aimee	14	Inverness Asc	3:07.68
11 Lawrie, Brooke	14	Nairn District Asc	3:07.90
12 Miller, Isla	14	Wick Amateur Swimming Club	3:09.09
13 Murray, Katie	15	Swim Western Isles	3:11.43
14 Wisely, Daisy	12	Inverness Asc	3:14.19
15 Jackson, Millie	13	Inverness Asc	3:14.66
16 Mackay, Alex	13	Thurso A.S.C.	3:16.72
17 Lee, Erin	13	Inverness Asc	3:18.79
18 Budge, Isla	14	Swim Western Isles	3:18.98
19 Lisowska, Ania	11	Swim Western Isles	3:20.04
20 Hay, Katie	11	Inverness Asc	3:20.17
21 Schulz, Jessica	11	Grantown Swim Club	3:20.73
22 Carty, Jenna	13	Forres Bluefins	3:21.77
23 Beattie, Louise	12	Inverness Asc	3:21.86
24 McDonald, Lucy	12	Thurso A.S.C.	3:25.75
25 Armstrong, Lily	12	Forres Bluefins	3:25.82
26 Mill, Emma S	10	Thurso A.S.C.	3:25.98
27 Gordon, Siobhan	13	Inverness Asc	3:26.07
28 Murray, Rachel	12	Swim Western Isles	3:27.75
29 Wood, Maree	12	Tain Asc	3:27.95
30 Smith, Abi	12	Nairn District Asc	3:29.28
31 Flavell, Emily	14	Thurso A.S.C.	3:30.02
32 Fowler, Freya	12	Inverness Asc	3:36.82
33 Fraser, Lucy E	12	Thurso A.S.C.	3:37.31
34 Waudby-West, Freya	13	Inverness Asc	3:37.45
35 Garvie, Catriona	12	Inverness Asc	3:37.68
36 Fishenden, Emma	12	Wick Amateur Swimming Club	3:38.82
37 Perry, Shauna	14	Forres Bluefins	3:39.12
38 Hay, Kaila	13	Thurso A.S.C.	3:39.28
39 Fraser, Corey N	10	Thurso A.S.C.	3:40.31
40 Macdougall, Ellie-Kate	11	Inverness Asc	3:41.14
41 Armour, Katie	13	Inverness Asc	3:41.51
42 McRitchie, Roslyn	10	Forres Bluefins	4:01.85
43 Urquhart, Rachel	13	Nairn District Asc	4:02.62
44 Custodio, Sadie	12	Forres Bluefins	4:13.70
--- Mackay, Eilidh	12	Nairn District Asc	DQ

10.2 A swimmer did not cover the whole distance – DNF

**Event 107 Boys 100 SC Meter Breaststroke Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Duncan, Jacob	16	Nairn District Asc	1:11.26
2 Gatton, Andrew	14	Inverness Asc	1:20.24
3 Hanlon, Matthew	13	Swim Western Isles	1:20.30
4 McRitchie, Ewan	15	Forres Bluefins	1:21.71
5 Sutherland, Finlay	14	Inverness Asc	1:23.03

**HST Timing Session - 28/11/2015 to 29/11/2015**

ND/L2/190/NOV15

**Results****- Time Trial ... (Event 107 Boys 100 SC Meter Breaststroke Time Trial)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
6 Forbes, Stephen	15	Thurso A.S.C.	1:23.14
7 Boyd, James	14	Forres Bluefins	1:23.45
8 Gunn, Jack	13	Thurso A.S.C.	1:24.46
9 Hay, Struan	15	Inverness Asc	1:24.53
10 Squires, Graeme	14	Nairn District Asc	1:24.81
11 Lee, Angus	15	Inverness Asc	1:24.91
12 Morris, Lyall	14	Inverness Asc	1:24.92
13 MacLean, Ryan	15	Grantown Swim Club	1:26.58
14 Lyon, Ross	13	Inverness Asc	1:34.67
15 Nicol, James	13	Forres Bluefins	1:35.53
16 Askari, Fahmad	12	Inverness Asc	1:37.11
17 Martin, Ben	13	Inverness Asc	1:37.46
18 Talbot-Heigh, Joshua	11	Grantown Swim Club	1:39.80
19 Franklin, Angus	11	Inverness Asc	1:40.82
20 Stevens, Craig	11	Forres Bluefins	1:41.33
21 Mathieson, Drew	11	Wick Amateur Swimming Club	1:42.57
22 Sutherland, Ben	12	Thurso A.S.C.	1:42.76
23 Evans, Bruce	10	Forres Bluefins	1:46.72
24 Stevens, Lewis	13	Forres Bluefins	1:47.08
25 Pickering, Louis	11	Thurso A.S.C.	1:51.23
26 Campbell, Andrew J	11	Thurso A.S.C.	1:56.29
27 Wetherell, Ethan	14	Forres Bluefins	1:57.41
28 Cochrane, Cameron	13	Inverness Asc	1:57.68
29 Martin, Jamie	9	Inverness Asc	2:11.62
30 Ritchie, Marcus	10	Tain Asc	2:16.89

**Event 108 Girls 200 SC Meter Butterfly Time Trial**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
<b>- Time Trial</b>			
1 Nelson, Bailey	16	Tain Asc	2:40.39
2 Fowler, Erica	14	Inverness Asc	2:45.08
3 Mackenzie, Eilidh	12	Tain Asc	2:47.36
4 Grant, Bethan	12	Nairn District Asc	2:49.91
5 Murray, Katie	15	Swim Western Isles	2:52.22
6 Budge, Isla	14	Swim Western Isles	2:58.74
7 Magill, Ceitidh	13	Inverness Asc	3:02.13
8 Allan, Emma	15	Forres Bluefins	3:14.83
9 Lisowska, Ania	11	Swim Western Isles	3:17.15
10 Smith, Abi	12	Nairn District Asc	3:36.04
11 Oakes, Isla	10	Grantown Swim Club	3:49.99

**Event 201 Boys 100 SC Meter IM Time Trial**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
<b>- Time Trial</b>			
1 Lyon, Scott	16	Inverness Asc	1:05.97
2 Duncan, Jacob	16	Nairn District Asc	1:09.91
3 Sutherland, Finlay	14	Inverness Asc	1:11.41
4 McRitchie, Ewan	15	Forres Bluefins	1:11.51
5 Gatton, Andrew	14	Inverness Asc	1:11.96
6 MacDonald, Euan	13	Thurso A.S.C.	1:12.25
7 Squires, Graeme	14	Nairn District Asc	1:13.28



**HST Timing Session - 28/11/2015 to 29/11/2015**

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**Results****- Time Trial ... (Event 201 Boys 100 SC Meter IM Time Trial)**

Name	Age	Team	Finals Time
8 Henry, Angus	13	Wick Amateur Swimming Club	1:13.32
9 MacLean, Ryan	15	Grantown Swim Club	1:13.91
10 Hay, Struan	15	Inverness Asc	1:13.97
11 Hanlon, Matthew	13	Swim Western Isles	1:14.52
12 Waudby-West, Felix	17	Inverness Asc	1:14.60
13 Lee, Angus	15	Inverness Asc	1:14.75
14 Forbes, Stephen	15	Thurso A.S.C.	1:15.35
15 Paterson, Matthew	18	Nairn District Asc	1:16.27
16 Gunn, Jack	13	Thurso A.S.C.	1:16.88
17 Morris, Lyall	14	Inverness Asc	1:18.23
18 Morris, Cameron	15	Inverness Asc	1:18.38
19 Boyd, James	14	Forres Bluefins	1:18.64
20 McCoustra, Mark D	13	Thurso A.S.C.	1:20.51
21 Lyon, Ross	13	Inverness Asc	1:23.16
22 Sutherland, Ben	12	Thurso A.S.C.	1:26.10
23 Askari, Fahmad	12	Inverness Asc	1:26.67
24 Martin, Ben	13	Inverness Asc	1:27.14
25 Stevens, Craig	11	Forres Bluefins	1:28.17
26 Airey, Andrew	13	Inverness Asc	1:28.18
27 Macbeth, Lachlan	22	Inverness Asc	1:28.52
28 Mackintosh, Calum	11	Grantown Swim Club	1:29.23
29 Sutherland, Lewis	10	Thurso A.S.C.	1:33.09
30 Nicolson, Gabriel	12	Swim Western Isles	1:34.02
31 Hodi, William	12	Nairn District Asc	1:34.66
32 Pickering, Louis	11	Thurso A.S.C.	1:36.90
33 Perry, Scott	11	Forres Bluefins	1:38.07
34 Wetherell, Ethan	14	Forres Bluefins	1:41.72
35 Grant, Euan	11	Nairn District Asc	1:42.67
36 Cochrane, Cameron	13	Inverness Asc	1:43.55
37 Campbell, Andrew J	11	Thurso A.S.C.	1:45.26
38 Sutherland, Charlie	9	Thurso A.S.C.	1:58.32
--- McBeath, Callum	17	Forres Bluefins	DQ

8.4 At turn or finish, did not touch with both hands - fly

**Event 202 Girls 200 SC Meter IM Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Gillies, Katie	16	Inverness Asc	2:35.72
2 Lawrie, Brooke	14	Nairn District Asc	2:38.47
3 Fowler, Erica	14	Inverness Asc	2:39.63
4 Magill, Ceitidh	13	Inverness Asc	2:40.73
5 Doig, Lucienne M	14	Swim Western Isles	2:41.43
6 McDonald, Erin	15	Thurso A.S.C.	2:41.64
7 Nelson, Bailey	16	Tain Asc	2:42.00
8 Mackenzie, Eilidh	12	Tain Asc	2:43.67
9 Murray, Katie	15	Swim Western Isles	2:44.25
10 Grant, Bethan	12	Nairn District Asc	2:48.88
11 Mackay, Alex	13	Thurso A.S.C.	2:49.33
12 Mckay, Aimee	14	Inverness Asc	2:49.66
13 Hay, Katie	11	Inverness Asc	2:50.27
14 MacDonald, Lucy	16	Thurso A.S.C.	2:51.02

**HST Timing Session - 28/11/2015 to 29/11/2015**

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**Results****- Time Trial ... (Event 202 Girls 200 SC Meter IM Time Trial)**

Name	Age	Team	Finals Time
15 McRitchie, Eilidh	13	Forres Bluefins	2:52.34
16 Beattie, Louise	12	Inverness Asc	2:55.27
17 Jackson, Millie	13	Inverness Asc	2:56.15
18 Lee, Erin	13	Inverness Asc	3:00.15
19 Armstrong, Lily	12	Forres Bluefins	3:00.28
20 Lisowska, Ania	11	Swim Western Isles	3:00.66
21 McDonald, Lucy	12	Thurso A.S.C.	3:00.68
22 Reid, Anna	12	Nairn District Asc	3:00.70
23 Coia-Gamble, Kaitlin	11	Inverness Asc	3:01.89
24 Allan, Emma	15	Forres Bluefins	3:03.05
25 Fraser, Lucy E	12	Thurso A.S.C.	3:04.22
26 Wisely, Daisy	12	Inverness Asc	3:04.69
27 Murray, Rachel	12	Swim Western Isles	3:04.78
28 Day, Nyomi H	13	Thurso A.S.C.	3:07.47
29 Flavell, Emily	14	Thurso A.S.C.	3:07.58
30 Smith, Abi	12	Nairn District Asc	3:07.82
31 Murray, Melissa	14	Nairn District Asc	3:08.21
32 Schulz, Jessica	11	Grantown Swim Club	3:08.43
33 Nellies, Morgan	12	Thurso A.S.C.	3:08.62
34 Fishenden, Emma	12	Wick Amateur Swimming Club	3:10.76
35 Mill, Emma S	10	Thurso A.S.C.	3:11.41
36 Brain, Isla	11	Forres Bluefins	3:12.18
37 Fraser, Corey N	10	Thurso A.S.C.	3:14.12
38 Bain, Chelsea L	14	Thurso A.S.C.	3:15.05
39 Armour, Katie	13	Inverness Asc	3:18.35
40 Gordon, Abby	13	Inverness Asc	3:18.83
41 Fowler, Freya	12	Inverness Asc	3:19.31
42 Matthew, Isobel	16	Inverness Asc	3:20.71
43 Macdougall, Ellie-Kate	11	Inverness Asc	3:21.34
44 Custodio, Sadie	12	Forres Bluefins	3:39.58
45 Williamson, Amy	11	Wick Amateur Swimming Club	3:40.52
46 Urquhart, Rachel	13	Nairn District Asc	3:50.09
--- Garvie, Catriona	12	Inverness Asc	DQ

8.2 Arms not brought backward under the water simultaneously throughout race (SW8.5) - fly

**Event 203 Boys 200 SC Meter Breaststroke Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 McBeath, Callum	17	Forres Bluefins	2:25.13
2 Duncan, Jacob	16	Nairn District Asc	2:38.97
3 Hanlon, Matthew	13	Swim Western Isles	2:52.52
4 Gunn, Jack	13	Thurso A.S.C.	2:57.87
5 Forbes, Stephen	15	Thurso A.S.C.	3:06.83
6 Lyon, Ross	13	Inverness Asc	3:21.06
7 Nicol, James	13	Forres Bluefins	3:30.81
8 Martin, Ben	13	Inverness Asc	3:35.07
9 Askari, Fahmad	12	Inverness Asc	3:40.69
10 Hodi, William	12	Nairn District Asc	3:47.91
11 Carroll, Owen	10	Forres Bluefins	3:55.57
12 Cochrane, Cameron	13	Inverness Asc	4:00.91

**HST Timing Session - 28/11/2015 to 29/11/2015****ND/L2/190/NOV15****Results****Event 204 Girls 200 SC Meter Freestyle Time Trial**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
<b>- Time Trial</b>			
1 Scott, Morven	14	Nairn District Asc	2:13.47
2 Budge, Isla	14	Swim Western Isles	2:17.01
3 Lawrie, Brooke	14	Nairn District Asc	2:18.21
4 Prosser, Fay	15	Forres Bluefins	2:19.32
5 Williamson, Lucy	14	Inverness Asc	2:22.03
6 MacBean, Seona	14	Inverness Asc	2:22.58
7 Calder, Sarah	14	Inverness Asc	2:22.86
8 Magill, Ceitidh	13	Inverness Asc	2:24.11
9 Fowler, Erica	14	Inverness Asc	2:26.65
10 Mackay, Alex	13	Thurso A.S.C.	2:27.16
11 Murray, Katie	15	Swim Western Isles	2:27.68
12 Dornan, Lucy	15	Tain Asc	2:28.99
13 Doig, Lucienne M	14	Swim Western Isles	2:30.06
14 Grant, Bethan	12	Nairn District Asc	2:32.47
15 Miller, Isla	14	Wick Amateur Swimming Club	2:33.45
16 Hay, Katie	11	Inverness Asc	2:34.65
17 Beattie, Louise	12	Inverness Asc	2:35.74
18 Cochrane, Samantha	15	Inverness Asc	2:36.89
19 MacDonald, Lucy	16	Thurso A.S.C.	2:37.74
20 Gordon, Siobhan	13	Inverness Asc	2:37.99
21 Mckay, Aimee	14	Inverness Asc	2:38.62
22 Lee, Erin	13	Inverness Asc	2:40.57
23 Bain, Chelsea L	14	Thurso A.S.C.	2:42.26
24 Wood, Maree	12	Tain Asc	2:44.04
25 Nellies, Morgan	12	Thurso A.S.C.	2:44.06
26 Reid, Anna	12	Nairn District Asc	2:45.01
27 Wisely, Daisy	12	Inverness Asc	2:45.81
28 Coia-Gamble, Kaitlin	11	Inverness Asc	2:46.57
29 Lisowska, Ania	11	Swim Western Isles	2:51.60
30 Smith, Abi	12	Nairn District Asc	2:51.64
31 Perry, Shauna	14	Forres Bluefins	2:52.09
32 Murray, Melissa	14	Nairn District Asc	2:52.41
33 Carty, Jenna	13	Forres Bluefins	2:53.88
34 Brain, Isla	11	Forres Bluefins	2:54.03
35 Schulz, Jessica	11	Grantown Swim Club	2:54.27
36 Matthew, Isobel	16	Inverness Asc	2:54.92
37 Murray, Rachel	12	Swim Western Isles	2:59.19
38 Armour, Katie	13	Inverness Asc	3:02.44
39 Fowler, Freya	12	Inverness Asc	3:02.65
40 Fishenden, Emma	12	Wick Amateur Swimming Club	3:03.49
41 Macdougall, Ellie-Kate	11	Inverness Asc	3:05.52
42 MacBean, Mairi	11	Inverness Asc	3:08.98
43 Oakes, Isla	10	Grantown Swim Club	3:10.39
44 Nicolson, Hannah	10	Swim Western Isles	3:13.84
45 Cameron, Lydia	10	Forres Bluefins	3:15.08
46 McRitchie, Roslyn	10	Forres Bluefins	3:20.95
47 Custodio, Sadie	12	Forres Bluefins	3:22.47
--- Fraser, Lucy E	12	Thurso A.S.C.	DNF

10.2 A swimmer did not cover the whole distance – DNF

**HST Timing Session - 28/11/2015 to 29/11/2015****ND/L2/190/NOV15****Results****Event 205 Boys 200 SC Meter Butterfly Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 McBeath, Callum	17	Forres Bluefins	2:13.49
2 Sutherland, Finlay	14	Inverness Asc	2:33.39
3 Gatton, Andrew	14	Inverness Asc	2:42.53
4 MacDonald, Euan	13	Thurso A.S.C.	2:49.22
5 Henry, Angus	13	Wick Amateur Swimming Club	2:56.86

**Event 206 Girls 100 SC Meter Breaststroke Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 McDonald, Erin	15	Thurso A.S.C.	1:20.71
2 Doig, Lucienne M	14	Swim Western Isles	1:21.15
3 Dornan, Lucy	15	Tain Asc	1:21.17
4 Gillies, Kirsty	13	Inverness Asc	1:23.27
5 Fowler, Erica	14	Inverness Asc	1:26.79
6 McRitchie, Eilidh	13	Forres Bluefins	1:27.29
7 McKay, Aimee	14	Inverness Asc	1:27.76
8 Williamson, Lucy	14	Inverness Asc	1:28.09
9 Mackenzie, Eilidh	12	Tain Asc	1:28.21
10 Murray, Katie	15	Swim Western Isles	1:29.06
11 Miller, Isla	14	Wick Amateur Swimming Club	1:30.32
12 Calder, Sarah	14	Inverness Asc	1:30.70
13 Jackson, Millie	13	Inverness Asc	1:31.44
14 Lawrie, Brooke	14	Nairn District Asc	1:31.95
15 Budge, Isla	14	Swim Western Isles	1:34.66
16 McDonald, Lucy	12	Thurso A.S.C.	1:35.31
17 Grant, Bethan	12	Nairn District Asc	1:36.45
18 Lisowska, Ania	11	Swim Western Isles	1:36.52
19 Lee, Erin	13	Inverness Asc	1:36.84
20 Beattie, Louise	12	Inverness Asc	1:36.94
21 Mill, Emma S	10	Thurso A.S.C.	1:37.10
22 Duncan, Madaline	15	Nairn District Asc	1:37.33
23 Wisely, Daisy	12	Inverness Asc	1:37.59
24 Wood, Maree	12	Tain Asc	1:38.75
25 Flavell, Emily	14	Thurso A.S.C.	1:39.40
26 Schulz, Jessica	11	Grantown Swim Club	1:39.56
27 Carty, Jenna	13	Forres Bluefins	1:39.58
28 Hay, Katie	11	Inverness Asc	1:40.22
29 Perry, Shauna	14	Forres Bluefins	1:41.37
30 Murray, Rachel	12	Swim Western Isles	1:42.42
31 Waudby-West, Freya	13	Inverness Asc	1:42.55
32 Garvie, Catriona	12	Inverness Asc	1:43.03
33 Fowler, Freya	12	Inverness Asc	1:43.27
34 Fraser, Corey N	10	Thurso A.S.C.	1:45.46
35 Nellies, Morgan	12	Thurso A.S.C.	1:46.53
36 Macdougall, Ellie-Kate	11	Inverness Asc	1:46.86
37 Gillibrand, Holly	10	Thurso A.S.C.	1:48.34
38 Brain, Isla	11	Forres Bluefins	1:49.01
39 Armour, Katie	13	Inverness Asc	1:49.04
40 Gordon, Abby	13	Inverness Asc	1:49.49

**HST Timing Session - 28/11/2015 to 29/11/2015****ND/L2/190/NOV15****Results****- Time Trial ... (Event 206 Girls 100 SC Meter Breaststroke Time Trial)**

Name	Age	Team	Finals Time
41 McRitchie, Roslyn	10	Forres Bluefins	1:51.54
42 MacBean, Mairi	11	Inverness Asc	1:52.43
43 Loynd, Mairi	12	Inverness Asc	1:53.07
44 Durrand, Emma	12	Thurso A.S.C.	1:53.54
45 Martin, Rosie	11	Inverness Asc	1:53.69
46 Wetherell, Maddie	11	Forres Bluefins	1:56.52
47 Urquhart, Rachel	13	Nairn District Asc	1:56.84
48 Wood, Claire	11	Tain Asc	1:56.92
49 McMaster, Lucy Ella	9	Grantown Swim Club	1:58.37
50 Graham, Caitlin	12	Inverness Asc	1:59.18
51 McMaster, Danielle	11	Grantown Swim Club	2:00.31
52 Cormack, Emma	11	Thurso A.S.C.	2:01.80
53 Garvie, Isobel	9	Inverness Asc	2:03.72
54 Macleod, Abbie	11	Inverness Asc	2:06.63
55 Milligan, Rosie	10	Tain Asc	2:08.23
56 Coghill, Ashleigh	10	Thurso A.S.C.	2:11.25
57 Pawsey, Molly	10	Grantown Swim Club	2:16.17
58 Bain, Keira	9	Thurso A.S.C.	2:17.09
59 Smit, Karmiena	11	Swim Western Isles	2:22.98
60 Craig-Gould, Lily	9	Nairn District Asc	2:34.16
61 Adams, Kimberley	11	Thurso A.S.C.	2:36.96
--- McDonald, Isla	11	Tain Asc	DQ
7.4 Leg movements not simultaneous (alternating leg movement)			
--- Kersley, Lisa D	11	Thurso A.S.C.	DQ
4.4 Starting before starting signal			
--- Szczypior, Nicola	9	Grantown Swim Club	DNF
10.2 A swimmer did not cover the whole distance – DNF			

**Event 207 Boys 100 SC Meter Backstroke Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Lyon, Scott	16	Inverness Asc	1:06.88
2 Squires, Graeme	14	Nairn District Asc	1:12.59
3 MacLean, Ryan	15	Grantown Swim Club	1:13.85
4 Hay, Struan	15	Inverness Asc	1:15.93
5 Hanlon, Matthew	13	Swim Western Isles	1:18.59
6 Paterson, Matthew	18	Nairn District Asc	1:20.62
7 Gunn, Jack	13	Thurso A.S.C.	1:21.02
8 Murray, Ciaran	12	Swim Western Isles	1:21.80
9 Lyon, Ross	13	Inverness Asc	1:22.57
10 Airey, Andrew	13	Inverness Asc	1:22.95
11 Mackintosh, Calum	11	Grantown Swim Club	1:23.71
12 Sutherland, Lewis	10	Thurso A.S.C.	1:25.82
13 Talbot-Heigh, Joshua	11	Grantown Swim Club	1:26.24
14 Martin, Ben	13	Inverness Asc	1:27.06
15 Wright, Callum	12	Forres Bluefins	1:28.29
16 Stevens, Lewis	13	Forres Bluefins	1:31.09
17 Sutherland, Ben	12	Thurso A.S.C.	1:31.52
18 Askari, Fahmad	12	Inverness Asc	1:32.74
19 Carty, Max	11	Forres Bluefins	1:33.33
20 Perry, Scott	11	Forres Bluefins	1:36.57

**HST Timing Session - 28/11/2015 to 29/11/2015****ND/L2/190/NOV15****Results****- Time Trial ... (Event 207 Boys 100 SC Meter Backstroke Time Trial)**

Name	Age	Team	Finals Time
21 Pickering, Louis	11	Thurso A.S.C.	1:36.61
22 Macbeth, Lachlan	22	Inverness Asc	1:37.03
23 Evans, Bruce	10	Forres Bluefins	1:39.28
24 Wetherell, Ethan	14	Forres Bluefins	1:44.82
25 Campbell, Andrew J	11	Thurso A.S.C.	1:47.90
26 Sutherland, Charlie	9	Thurso A.S.C.	1:55.20
27 Martin, Jamie	9	Inverness Asc	1:59.69
28 Strang, Campbell	11	Grantown Swim Club	2:02.76

**Event 208 Mixed 400 SC Meter Freestyle Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Scott, Morven	14	Nairn District Asc	4:40.84
2 Sutherland, Finlay	14	Inverness Asc	4:42.51
3 Gumbrell, Euan	14	Inverness Asc	4:47.65
4 Gatton, Andrew	14	Inverness Asc	4:52.63
5 Williamson, Lucy	14	Inverness Asc	4:53.55
6 Budge, Isla	14	Swim Western Isles	4:57.85
7 Hay, Struan	15	Inverness Asc	4:58.20
8 MacBean, Seona	14	Inverness Asc	5:01.27
9 Nelson, Bailey	16	Tain Asc	5:03.92
10 Fowler, Erica	14	Inverness Asc	5:08.05
11 Boyd, James	14	Forres Bluefins	5:13.52
12 Mackay, Alex	13	Thurso A.S.C.	5:14.45
13 Miller, Isla	14	Wick Amateur Swimming Club	5:20.57
14 Duncan, Madaline	15	Nairn District Asc	5:27.33
15 Gillies, Kirsty	13	Inverness Asc	5:28.03
16 Cochrane, Samantha	15	Inverness Asc	5:28.83
17 Lee, Erin	13	Inverness Asc	5:37.48
18 Stevens, Craig	11	Forres Bluefins	5:47.92
19 Allan, Emma	15	Forres Bluefins	5:50.45
20 Murray, Melissa	14	Nairn District Asc	5:52.90
21 Reid, Anna	12	Nairn District Asc	5:54.49
22 Smith, Abi	12	Nairn District Asc	6:00.61
23 Matthew, Isobel	16	Inverness Asc	6:05.67
24 Carty, Max	11	Forres Bluefins	6:06.04
25 Hay, Kaila	13	Thurso A.S.C.	6:07.61
26 Evans, Bruce	10	Forres Bluefins	6:14.69
27 Perry, Shauna	14	Forres Bluefins	6:17.04
28 Carroll, Owen	10	Forres Bluefins	6:19.76
29 Mathieson, Drew	11	Wick Amateur Swimming Club	6:22.62
30 Fishenden, Emma	12	Wick Amateur Swimming Club	6:28.61
31 Oakes, Isla	10	Grantown Swim Club	6:40.45
32 Cochrane, Cameron	13	Inverness Asc	6:49.18
33 Williamson, Amy	11	Wick Amateur Swimming Club	7:01.59

**Event 301 Mixed 1500 SC Meter Freestyle Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Duncan, Jacob	16	Nairn District Asc	17:58.80
2 Lawrie, Brooke	14	Nairn District Asc	17:59.42

**HST Timing Session - 28/11/2015 to 29/11/2015**

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**Results****- Time Trial ... (Event 301 Mixed 1500 SC Meter Freestyle Time Trial)**

Name	Age	Team	Finals Time
3 Sutherland, Finlay	14	Inverness Asc	19:17.48
4 Gumbrell, Euan	14	Inverness Asc	19:21.38
5 Gatton, Andrew	14	Inverness Asc	19:28.93
6 Budge, Isla	14	Swim Western Isles	19:57.49
7 Mackay, Katie	15	Thurso A.S.C.	19:58.36
8 McCoustra, Mark D	13	Thurso A.S.C.	21:45.07
9 Hannen, Kate	14	Forres Bluefins	22:39.86
10 Stevens, Craig	11	Forres Bluefins	24:04.41
--- Squires, Graeme	14	Nairn District Asc	DNF

10.2 A swimmer did not cover the whole distance – DNF

**Event 302 Girls 200 SC Meter Backstroke Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Scott, Morven	14	Nairn District Asc	2:29.37
2 Murray, Katie	15	Swim Western Isles	2:35.74
3 Doig, Lucienne M	14	Swim Western Isles	2:38.33
4 MacBean, Seona	14	Inverness Asc	2:38.63
5 McDonald, Erin	15	Thurso A.S.C.	2:38.83
6 Gillies, Katie	16	Inverness Asc	2:40.00
7 Magill, Ceitidh	13	Inverness Asc	2:40.46
8 Fowler, Erica	14	Inverness Asc	2:40.56
9 Nelson, Bailey	16	Tain Asc	2:42.98
10 Beattie, Louise	12	Inverness Asc	2:43.58
11 Grant, Bethan	12	Nairn District Asc	2:44.57
12 Mackay, Alex	13	Thurso A.S.C.	2:47.46
13 MacDonald, Lucy	16	Thurso A.S.C.	2:49.12
14 Bremner, Kevagh	13	Wick Amateur Swimming Club	2:49.13
15 Gillies, Kirsty	13	Inverness Asc	2:49.41
16 Dornan, Lucy	15	Tain Asc	2:51.28
17 Hay, Katie	11	Inverness Asc	2:56.00
18 Reid, Anna	12	Nairn District Asc	2:56.48
19 McDonald, Lucy	12	Thurso A.S.C.	2:57.26
20 Coia-Gamble, Kaitlin	11	Inverness Asc	2:57.29
21 Armstrong, Lily	12	Forres Bluefins	2:58.64
22 Wood, Maree	12	Tain Asc	2:58.98
23 Murray, Rachel	12	Swim Western Isles	3:00.70
24 Fishenden, Emma	12	Wick Amateur Swimming Club	3:02.26
25 Murray, Melissa	14	Nairn District Asc	3:09.01
26 Schulz, Jessica	11	Grantown Swim Club	3:11.52
27 Mill, Emma S	10	Thurso A.S.C.	3:13.10
28 Corcoran, Holly	10	Grantown Swim Club	3:34.11

**Event 303 Boys 100 SC Meter Butterfly Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Sutherland, Finlay	14	Inverness Asc	1:08.70
2 Forbes, Stephen	15	Thurso A.S.C.	1:10.21
3 MacDonald, Euan	13	Thurso A.S.C.	1:11.19
4 Lee, Angus	15	Inverness Asc	1:12.11
5 MacLean, Ryan	15	Grantown Swim Club	1:13.16

**HST Timing Session - 28/11/2015 to 29/11/2015**

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**Results****- Time Trial ... (Event 303 Boys 100 SC Meter Butterfly Time Trial)**

Name	Age	Team	Finals Time
6 Hay, Struan	15	Inverness Asc	1:13.73
7 Paterson, Matthew	18	Nairn District Asc	1:16.52
8 Waudby-West, Felix	17	Inverness Asc	1:18.06
9 Hanlon, Matthew	13	Swim Western Isles	1:19.35
10 Morris, Cameron	15	Inverness Asc	1:21.80
11 Airey, Andrew	13	Inverness Asc	1:26.97
12 Sutherland, Ben	12	Thurso A.S.C.	1:28.34
13 Macbeth, Lachlan	22	Inverness Asc	1:30.33
14 Wright, Callum	12	Forres Bluefins	1:33.56
15 Carroll, Owen	10	Forres Bluefins	1:34.49
16 Askari, Fahmad	12	Inverness Asc	1:37.10
17 Evans, Bruce	10	Forres Bluefins	1:41.84
18 Talbot-Heigh, Freddie	10	Grantown Swim Club	1:57.03
19 Wetherell, Ethan	14	Forres Bluefins	1:58.50
--- Morris, Lyall	14	Inverness Asc	DQ

8.2 Arms not brought forward simultaneously

**Event 304 Girls 100 SC Meter Freestyle Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Budge, Isla	14	Swim Western Isles	1:02.25
2 Gillies, Katie	16	Inverness Asc	1:04.18
3 Magill, Ceitidh	13	Inverness Asc	1:04.56
4 Mackenzie, Eilidh	12	Tain Asc	1:04.59
5 Dornan, Lucy	15	Tain Asc	1:05.23
6 Calder, Sarah	14	Inverness Asc	1:05.41
7 Murray, Katie	15	Swim Western Isles	1:05.53
8 Doig, Lucienne M	14	Swim Western Isles	1:07.27
9 Fowler, Erica	14	Inverness Asc	1:07.31
10 Nelson, Bailey	16	Tain Asc	1:08.00
11 Lawrie, Brooke	14	Nairn District Asc	1:08.48
12 Miller, Isla	14	Wick Amateur Swimming Club	1:08.94
13 Beattie, Louise	12	Inverness Asc	1:09.11
14 Mckay, Aimee	14	Inverness Asc	1:09.45
15 Lee, Erin	13	Inverness Asc	1:11.18
16 Hay, Katie	11	Inverness Asc	1:11.63
17 Fraser, Lucy E	12	Thurso A.S.C.	1:12.11
18 McRitchie, Eilidh	13	Forres Bluefins	1:12.53
19 Wisely, Daisy	12	Inverness Asc	1:13.21
20 Gordon, Siobhan	13	Inverness Asc	1:13.22
21 Cochrane, Samantha	15	Inverness Asc	1:13.31
22 Waudby-West, Freya	13	Inverness Asc	1:14.04
23 Nellies, Morgan	12	Thurso A.S.C.	1:14.23
24 Murray, Melissa	14	Nairn District Asc	1:14.69
25 McDonald, Isla	11	Tain Asc	1:14.70
26 Wood, Maree	12	Tain Asc	1:15.04
27 Day, Nyomi H	13	Thurso A.S.C.	1:15.12
28 Schulz, Jessica	11	Grantown Swim Club	1:15.13
29 Fishenden, Emma	12	Wick Amateur Swimming Club	1:15.31
30 Duncan, Madaline	15	Nairn District Asc	1:15.60
31 Bremner, Kevagh	13	Wick Amateur Swimming Club	1:15.88



**HST Timing Session - 28/11/2015 to 29/11/2015**

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**Results****- Time Trial ... (Event 304 Girls 100 SC Meter Freestyle Time Trial)**

Name	Age	Team	Finals Time
32 Coia-Gamble, Kaitlin	11	Inverness Asc	1:15.96
33 Lisowska, Ania	11	Swim Western Isles	1:16.11
34 Fraser, Corey N	10	Thurso A.S.C.	1:17.47
35 Carty, Jenna	13	Forres Bluefins	1:18.01
36 Armour, Katie	13	Inverness Asc	1:18.49
37 Murray, Rachel	12	Swim Western Isles	1:18.67
38 Mill, Emma S	10	Thurso A.S.C.	1:20.76
39 Durrand, Emma	12	Thurso A.S.C.	1:21.06
40 Macdougall, Ellie-Kate	11	Inverness Asc	1:21.76
41 Fowler, Freya	12	Inverness Asc	1:22.38
42 Gillibrand, Holly	10	Thurso A.S.C.	1:23.74
43 Gordon, Abby	13	Inverness Asc	1:23.76
44 Oakes, Isla	10	Grantown Swim Club	1:24.94
45 Williamson, Amy	11	Wick Amateur Swimming Club	1:25.56
46 McRitchie, Roslyn	10	Forres Bluefins	1:27.27
47 Graham, Caitlin	12	Inverness Asc	1:29.96
48 Cormack, Emma	11	Thurso A.S.C.	1:31.24
49 Wetherell, Maddie	11	Forres Bluefins	1:31.28
50 McMaster, Danielle	11	Grantown Swim Club	1:32.25
51 Eaves, Rebecca	13	Grantown Swim Club	1:33.35
52 Kersley, Lisa D	11	Thurso A.S.C.	1:33.51
53 Urquhart, Rachel	13	Nairn District Asc	1:33.79
54 MacLeod, Olivia	10	Tain Asc	1:34.07
55 Wood, Claire	11	Tain Asc	1:34.33
56 McMaster, Lucy Ella	9	Grantown Swim Club	1:35.00
57 Macleod, Abbie	11	Inverness Asc	1:35.08
58 Darroch, Rianna	10	Inverness Asc	1:35.26
59 Eaves, Robyn	9	Grantown Swim Club	1:39.07
60 Adams, Kimberley	11	Thurso A.S.C.	1:41.60
61 Grist, Emily	9	Inverness Asc	1:41.90
62 Coghill, Ashleigh	10	Thurso A.S.C.	1:48.02
63 Bain, Keira	9	Thurso A.S.C.	1:50.91

**Event 305 Boys 200 SC Meter Backstroke Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 Squires, Graeme	14	Nairn District Asc	2:31.10
2 MacDonald, Euan	13	Thurso A.S.C.	2:35.38
3 Hay, Struan	15	Inverness Asc	2:36.72
4 Henry, Angus	13	Wick Amateur Swimming Club	2:40.56
5 Hanlon, Matthew	13	Swim Western Isles	2:45.31
6 Lyon, Ross	13	Inverness Asc	2:48.57
7 Murray, Ciaran	12	Swim Western Isles	2:52.36
8 Airey, Andrew	13	Inverness Asc	2:52.77
9 Talbot-Heigh, Joshua	11	Grantown Swim Club	3:01.03
10 Askari, Fahmad	12	Inverness Asc	3:09.76
11 Carty, Max	11	Forres Bluefins	3:14.30
12 Grant, Euan	11	Nairn District Asc	3:20.57

**HST Timing Session - 28/11/2015 to 29/11/2015****ND/L2/190/NOV15****Results****Event 306 Girls 100 SC Meter Butterfly Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 MacBean, Seona	14	Inverness Asc	1:12.12
2 Mackenzie, Eilidh	12	Tain Asc	1:13.75
3 Fowler, Erica	14	Inverness Asc	1:13.90
4 Williamson, Lucy	14	Inverness Asc	1:14.22
5 Lawrie, Brooke	14	Nairn District Asc	1:14.44
6 Budge, Isla	14	Swim Western Isles	1:15.84
7 Murray, Katie	15	Swim Western Isles	1:15.98
8 Doig, Lucienne M	14	Swim Western Isles	1:17.60
9 Grant, Bethan	12	Nairn District Asc	1:17.93
10 Gillies, Kirsty	13	Inverness Asc	1:22.80
11 McRitchie, Eilidh	13	Forres Bluefins	1:23.47
12 Fraser, Lucy E	12	Thurso A.S.C.	1:23.96
13 Cochrane, Samantha	15	Inverness Asc	1:25.47
14 Day, Nyomi H	13	Thurso A.S.C.	1:26.46
15 Jackson, Millie	13	Inverness Asc	1:26.81
16 Nellies, Morgan	12	Thurso A.S.C.	1:26.82
17 Beattie, Louise	12	Inverness Asc	1:27.09
18 Fraser, Corey N	10	Thurso A.S.C.	1:27.85
19 Lee, Erin	13	Inverness Asc	1:28.32
20 Lisowska, Ania	11	Swim Western Isles	1:28.48
21 Duncan, Madaline	15	Nairn District Asc	1:29.67
22 Armstrong, Lily	12	Forres Bluefins	1:30.82
23 McDonald, Lucy	12	Thurso A.S.C.	1:32.00
24 Brain, Isla	11	Forres Bluefins	1:34.59
25 Murray, Rachel	12	Swim Western Isles	1:35.46
26 McDonald, Isla	11	Tain Asc	1:36.23
27 Schulz, Jessica	11	Grantown Swim Club	1:37.19
28 Armour, Katie	13	Inverness Asc	1:38.44
29 Fowler, Freya	12	Inverness Asc	1:41.65
30 Macdougall, Ellie-Kate	11	Inverness Asc	1:41.85
31 Gordon, Abby	13	Inverness Asc	1:42.02
32 Durrand, Emma	12	Thurso A.S.C.	1:42.86
33 Mill, Emma S	10	Thurso A.S.C.	1:44.20
34 McMaster, Danielle	11	Grantown Swim Club	1:44.42
35 Oakes, Isla	10	Grantown Swim Club	1:45.93
36 Urquhart, Rachel	13	Nairn District Asc	1:54.54
37 McMaster, Lucy Ella	9	Grantown Swim Club	1:58.93
38 Wetherell, Maddie	11	Forres Bluefins	1:59.90
39 Darroch, Rianna	10	Inverness Asc	2:00.39
40 Custodio, Sadie	12	Forres Bluefins	2:02.74
41 Williamson, Amy	11	Wick Amateur Swimming Club	2:03.18
42 Corcoran, Holly	10	Grantown Swim Club	2:05.79
--- Grist, Emily	9	Inverness Asc	DQ

8.3 Alternating movement of legs or feet

**Event 307 Boys 100 SC Meter Freestyle Time Trial**

Name	Age	Team	Finals Time
<b>- Time Trial</b>			
1 McRitchie, Ewan	15	Forres Bluefins	59.76

**HST Timing Session - 28/11/2015 to 29/11/2015****ND/L2/190/NOV15****Results****- Time Trial ... (Event 307 Boys 100 SC Meter Freestyle Time Trial)**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
2 Henry, Angus	13	Wick Amateur Swimming Club	1:00.51
3 Paterson, Matthew	18	Nairn District Asc	1:02.03
4 Lee, Angus	15	Inverness Asc	1:02.09
5 MacLean, Ryan	15	Grantown Swim Club	1:02.21
6 Gatton, Andrew	14	Inverness Asc	1:02.78
7 Hanlon, Matthew	13	Swim Western Isles	1:05.02
8 Forbes, Stephen	15	Thurso A.S.C.	1:05.21
9 Waudby-West, Felix	17	Inverness Asc	1:07.68
10 Morris, Cameron	15	Inverness Asc	1:07.89
11 Morris, Lyall	14	Inverness Asc	1:08.12
12 Lyon, Ross	13	Inverness Asc	1:12.09
13 Airey, Andrew	13	Inverness Asc	1:12.55
14 Mathieson, Drew	11	Wick Amateur Swimming Club	1:13.99
15 Macbeth, Lachlan	22	Inverness Asc	1:14.55
16 Talbot-Heigh, Joshua	11	Grantown Swim Club	1:15.43
17 Sutherland, Ben	12	Thurso A.S.C.	1:16.01
18 Askari, Fahmad	12	Inverness Asc	1:16.91
19 Wright, Callum	12	Forres Bluefins	1:17.65
20 Carty, Max	11	Forres Bluefins	1:19.39
21 Carroll, Owen	10	Forres Bluefins	1:20.08
22 Evans, Bruce	10	Forres Bluefins	1:20.32
23 Campbell, Andrew J	11	Thurso A.S.C.	1:23.63
24 Pickering, Louis	11	Thurso A.S.C.	1:23.96
25 Talbot-Heigh, Freddie	10	Grantown Swim Club	1:25.42
26 Grant, Euan	11	Nairn District Asc	1:26.18
27 Wetherell, Ethan	14	Forres Bluefins	1:28.92
28 Gordon, Ross	11	Inverness Asc	1:32.28
29 Ritchie, Marcus	10	Tain Asc	1:47.39

**Event 308 Mixed 400 SC Meter IM Time Trial**

<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
<b>- Time Trial</b>			
1 Duncan, Jacob	16	Nairn District Asc	5:08.40
2 Scott, Morven	14	Nairn District Asc	5:11.54
3 Prosser, Fay	15	Forres Bluefins	5:27.64
4 MacDonald, Euan	13	Thurso A.S.C.	5:28.44
5 Gumbrell, Euan	14	Inverness Asc	5:30.41
6 Williamson, Lucy	14	Inverness Asc	5:30.62
7 Hay, Struan	15	Inverness Asc	5:34.58
8 MacBean, Seona	14	Inverness Asc	5:38.06
9 Fowler, Erica	14	Inverness Asc	5:38.51
10 Nelson, Bailey	16	Tain Asc	5:39.67
11 Magill, Ceitidh	13	Inverness Asc	5:39.95
12 McDonald, Erin	15	Thurso A.S.C.	5:45.36
13 Sutherland, Finlay	14	Inverness Asc	5:48.89
14 Mackay, Alex	13	Thurso A.S.C.	5:51.36
15 Miller, Isla	14	Wick Amateur Swimming Club	6:00.20
16 Mckay, Aimee	14	Inverness Asc	6:05.13
17 Hay, Katie	11	Inverness Asc	6:06.14
18 Waudby-West, Freya	13	Inverness Asc	6:41.80
19 Brain, Isla	11	Forres Bluefins	6:42.04